

**Evaluation of the impact of any actions that were taken, since the immediately preceding CHNA conducted in FY2016, to address significant health needs identified.**

In FY2016, Shelbyville Memorial Hospital engaged BKD, LLP to conduct the hospital's triennial Community Health Needs Assessment (CHNA). Primary and secondary data was gathered from multiple sources to assess the hospital's primary service area. Based on the data and the prioritization process, the following priority community health needs were selected:

- Access to Care
- Lack of Health Knowledge and Education
- Obesity

As part of the triennial CHNA process in FY2016, BKD, LLP did not develop an Implementation Plan in partnership with Shelbyville Memorial Hospital.

In FY2017, Shelbyville Memorial Hospital affiliated with Hospital Sisters Health System and is now known as HSHS Good Shepherd Hospital.

As the newest affiliated hospital of Hospital Sisters Health System (HSHS), HSHS Good Shepherd Hospital aligned with HSHS's triennial CHNA schedule by updating the FY2016 assessment and adopting an Implementation Plan in FY2018, which will be carried out FY2019 through FY2021.

During the FY2016 CHNA update, new data was reviewed which indicated the need around behavioral health services and education was rising. Additionally, substance abuse and misuse – specifically around alcohol, prescription drug abuse and illegal drugs – rose significantly from previous years. The Community Benefit Committee agreed that Lack of Health Knowledge and Education could be included in each of the priority areas rather than a standalone health priority. Therefore, the FY2016 CHNA update included the addition of mental health and substance abuse as priority focus areas and the subtraction of lack of health knowledge and education.

Evaluation of the impact of the actions that were taken in response to the hospital's FY2016 CHNA follows.

**Access to Care:** Lack of Mental Health Services, Lack of Primary Care Physicians, Uninsured/Underinsured, Financial Barriers / Poverty / Low Socioeconomic Status

Outcomes: Worked with Get Covered Illinois and MedData to provide enrollment events during open enrollment. Partnered with HSHS Medical Group to conduct a gap analysis to determine primary care and specialty care needs in Shelby County. Worked with HSHS Medical Group to determine appropriate recruiting, community/clinical partnerships and referrals to improve access to care.

Participate in Shelby County Health Fair, which serves approximately 200 residents annually. The hospital provides free blood pressure and pulse-oxygen screenings as well as information about the Pink Ribbon Program and the Vicky Wagner Breast Cancer Assistance Fund. The Pink Ribbon Program covers the costs of mammograms or diagnostic screenings for women who live in rural areas and who are under- or uninsured. The Vicky Wagner Fund assists women who live in Shelby County with out of pocket expenses related to treatment for breast cancer such as wigs, transportation to treatment, childcare, meals, and other expenses that insurance doesn't cover. The hospital also provides these same

services and education/awareness at the Shelby County Electric Services stakeholders annual dinner and health fair, as well as the Moulton Middle School annual health fair. Partnered with local organizations to support One Stop Community Christmas, an event held at Lakeland Community Junior College to provide low-income children and families with food, toys, clothing, and basic hygiene and household items.

**Healthy Behaviors/Lifestyle Choices: Lack of Health Knowledge/Education**

Outcomes: Planned and implemented Vacation Body School (VBS) to educate 3<sup>rd</sup>, 4<sup>th</sup> and 5<sup>th</sup> grade students about healthy eating, exercise, bone strength, smart health choices and first aid. In FY2017, 16 area children attended VBS. Partnered with New Vision™, a medically supervised withdrawal management service serving Shelbyville area adults who are experiencing impending or active withdrawal from alcohol, prescription medications, and other drugs in a hospital setting. In FY2017, New Vision™ treated 162 patients at HSHS Good Shepherd Hospital.

**Obesity: Poor Nutrition/Limited Access to Healthy Food Options and Physical Inactivity**

Outcomes: In partnership with the University of Illinois Extension Office and the local school district, plan and implement Health Jam, a school-based program offered each Spring to encourage area youth to make healthy food and lifestyle choices. In FY2017, Health Jam served 100 5<sup>th</sup> graders. Hosted a Food and Snack Myths seminar for adults to debunk myths about sodium, sugar and corn syrup, and encourage portion control and healthy eating habits. The seminar was attended by 10 area residents and 10 staff.

Sponsored a training program to help Tom Short 5k participants go from the couch to the 5K without injury. The hospital also provided an informational booth at the event staffed by rehabilitation services colleagues to answer questions from participants and the public.

Coordinated a food drive in February 2017 in partnership with County Market and raised more than \$600 in monetary and food donations for the First United Methodist Church (FUMC) Food Pantry. In FY2017, the FUMC Food Pantry provided food stuffs valued at more than \$10,000 to low-income families living in Shelby County.

Sponsored The Loop, an extensive 22-mile, 46-mile or a 65-mile bike ride across Shelby County, hosted by the Corps of Engineers annually, to promote physical activity in the county. The event coincides with National Get Outdoors Day, which encourages Americans to seek out healthy, active outdoor lifestyles, connect with nature, and embrace public lands. The Loop had over 80 participants join in the ride.