



DIABETES EDUCATION

Effingham Class Schedule - May 2022 - Sept. 2022

Cost of classes varies. Please ask for additional information.

FREE Comprehensive Diabetes Education Classes

*A follow up class will be scheduled after completion of this initial class.

12:30 - 4 p.m. **9 a.m. - 12:30 p.m.**

- May 3
- June 7
- July 12
- Aug. 9

Diabetes Support Group

2nd Monday of the Month 6 - 7 p.m.

- May 9
- June 14
- July 11
- Aug. 8
- Sept. 12

Interested in attending?

To register, please call 217-787-8870,
or register online at HSHSMedicalGroup.org/Joslin.

Our educators are also available for individualized counseling for diet, medication administration and initiation and troubleshooting of devices (glucose monitors, insulin pumps, CGMs, sensors).

Call for details.



500 N. Maple St. Suite 200
Effingham, IL 62401
ph: 217-787-8870

HSHSMedicalGroup.org/Joslin