



DIABETES EDUCATION

Effingham Class Schedule - Sept. 2022 - Dec. 2022

Cost of classes varies. Please ask for additional information.

FREE Comprehensive Diabetes Education Classes

*A follow up class will be scheduled after completion of this initial class.

Tuesday - 12:30 - 4 p.m.

- Sept. 6

- Nov. 1

Tuesday - 9 a.m. - 12:30 p.m.

- Oct. 4

- Dec. 6

Diabetes Support Group

2nd Monday of the Month 6 - 7 p.m.

- Sept. 12 - Nov. 14

- Oct. 10 - Dec. 12

Interested in attending?

To register, please call 217-391-5460,
or register online at HSHSMedicalGroup.org/Joslin.

Our educators are also available for individualized counseling for diet, medication administration and initiation and troubleshooting of devices (glucose monitors, insulin pumps, CGMs, sensors).

Call for details.



Joslin Diabetes Center

Affiliate at HSHS Medical Group

500 N. Maple St. Suite 200
Effingham, IL 62401
ph: 217-391-5460

HSHSMedicalGroup.org/Joslin