



HSHS
St. Anthony's
Memorial Hospital

2016
ANNUAL
REPORT

It's our mission,
our promise, and
our family coming
together to care
for yours.

Winston Churchill once said, "To improve is to change; to be perfect is to change often." Since the first three Hospital Sisters of St. Francis came to Effingham in 1875, we have proudly served the residents of this area. HSHS St. Anthony's Memorial Hospital's dedicated and compassionate colleagues and Medical Staff continue to live out our Mission "to reveal and embody Christ's healing love for all people through our high quality Franciscan health care ministry." As we look back over the past year, our family looks forward to a new year of providing exceptional health care to you and your families.

2016 Annual Report Message from our: **President and CEO**

Dear Friends and Colleagues,

Throughout 2016, Hospital Sisters Health System has successfully met the needs of our patients, their families, our colleagues and physician partners by effectively sharing our resources and talents. Together we are expanding access to our high quality, Franciscan health care at a time when we must continually adapt to a health care environment that is still evolving under the Affordable Care Act.

In this report, we will describe the many ways our ministries are providing high quality, compassionate and affordable care that is aligned with our Franciscan heritage and mission. Several notable accomplishments this past year include establishing an Accountable Care Organization (ACO) in Illinois, receiving distinguished ratings in quality care, patient safety and satisfaction, advancing the HSHS-led telemedicine network across Illinois, affiliating with HSHS Holy Family in Greenville, and pursuing a full affiliation with Shelby Memorial Hospital in Shelbyville, IL and a minority interest affiliation with Ministry Door County Medical Center in Sturgeon Bay, Wisconsin.

Our success is due to the HSHS colleagues and physician partners who work tirelessly to care for our patients. HSHS supports their vital work through investments in state-of-the-art technology and facilities. By making these investments, we are advancing our care integration strategy to better serve those seeking health and healing. Whether we're offering Anytime (virtual) Care to reach patients at home, enhancing and consolidating our electronic health records, or administering industry-leading training for colleagues, we consistently strive to ensure each patient has the best experience and outcome possible.

As a Franciscan health care ministry, we are inspired to serve others, particularly the most vulnerable in our society. We are also committed to adopting the latest best practices to deliver exceptional and compassionate care to all our patients and colleagues.

For more than 140 years, our mission to share the healing love of Christ remains constant. On behalf of the HSHS family, we are grateful for the opportunity to serve our patients, their families and our communities in the healing tradition of Jesus Christ and St. Francis and St. Clare of Assisi.



Mary Starmann-Harrison

Mary Starmann-Harrison
President and CEO



Stephen J. Bochenek

Stephen J. Bochenek
Chair, Board of Directors

2016 Annual Report Message from our: **President and CEO**



Dear Friends and Colleagues,

I am pleased to share with you this Annual/Community Benefit Report which outlines many of HSHS St. Anthony's Memorial Hospital's accomplishments this past year. It continues to amaze me how quickly each year seems to pass by, as we together celebrate what we accomplished as a team, how we have grown in the services we offer, and how we have faced the challenges that come with being in the ever-changing health care industry.

It continues to amaze me how quickly each year seems to pass by, as we together celebrate what we accomplished as a team...

We have much to celebrate from this past year, as we received the 2015 Illinois Performance Excellence Bronze Award for "Commitment to Excellence" for demonstrating our earnest efforts to adopt and apply continuous improvement principles by following the Baldrige Criteria for Performance Excellence. We also began serving as a site for clinical rotations for Liberty University College of Osteopathic Medicine third- and fourth-year medical students to help "grow our own" future Medical Staff to serve in our Ministry. We also relocated our outpatient rehabilitation services to a new local sports complex to offer our services in a convenient wellness location where patients may have the incentive to continue to work to improve their health when their treatments end.

These are just a handful of our endeavors that display the growth and stability of St. Anthony's in our community and region. Enclosed in this report are so many more ways that St. Anthony's colleagues continue to demonstrate their "Promise" to provide exceptional care to the residents of this area. I could not be more proud of how our colleagues embody our four Core Values of Respect, Care, Competence and Joy to the patients that place their trust in us, the families that support them, the team with which we serve, and the communities in which we live and work.

As a health care team and regional medical center, we are embracing change and moving forward confidently, sharing the healing ministry entrusted to us, because we know ***together, we make a difference!***

Health to You and Yours,

A handwritten signature in black ink that reads "Theresa J. Rutherford". The signature is fluid and cursive, with a large, sweeping flourish at the end.

Theresa J. Rutherford

President and CEO

HSHS St. Anthony's Memorial Hospital

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2016 Annual Report

HSHS Southern Illinois

The HSHS Southern Illinois Division (SID) is led by James F. Dover, FACHE, a true believer in the limitless possibilities of what can be accomplished when you work together as a team.

“We can all be proud of our exceptional Catholic integrated health care delivery system. Together, we are in the service of providing what matters most to patients: safe, quality care delivered in a respectful, caring, and compassionate environment,” Dover said.

SID is comprised of HSHS St. Elizabeth’s Hospital Belleville, HSHS St. Anthony’s Memorial Hospital Effingham, HSHS St. Joseph’s Hospital Breese, HSHS Holy Family Hospital Greenville, and HSHS St. Joseph’s Hospital Highland.



James F. Dover, FACHE
SID President

THE SID LEADERSHIP TEAM INCLUDES:

Peggy Sebastian, MSN, RN, MBA, FACHE
President and CEO
HSHS St. Elizabeth’s Hospital
Belleville

Theresa Rutherford, RN, MSN, MBA, FACHE
President and CEO
HSHS St. Anthony’s Memorial Hospital
Effingham

Paulette Evans, RN, MSN, CPPS
President and CEO
HSHS St. Joseph’s Hospital
Breese

Brian Nall, FACHE
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HSHS Holy Family Hospital
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Stephanie Long, MBA
Division Director Facilities

Ann Derrick
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Strategy-IL

Diane Genthner
Executive Director
Case Management - IL

Robert Farmer, MD
HSHS Medical Group
SID Medical Director

Janet Seiler, MBA
HSHS Medical Group
SID Executive Director Operations

OUR VISION

Proclaiming God’s healing presence through our exceptional health care services.

OUR MISSION

The mission of HSHS St. Anthony’s Memorial Hospital is to reveal and embody Christ’s healing love for all people through our high quality Franciscan health care ministry.

OUR VALUES

Respect • Care
Competence • Joy

Focused on our Mission

Meeting Immediate Needs

Every day, St. Anthony's colleagues have the opportunity to provide exceptional health care to our community members. Sometimes, the care that is needed is very basic and very immediate. Addressing this type of need led to the creation of Clare's Closet at St. Anthony's. Clare's Closet contains various clothing items and basic essentials that are available to meet the immediate needs of patients or visitors. All colleagues have access to Clare's Closet and are encouraged to use this resource when they meet a patient or visitor who needs basic provisions.

There was one incident over the past year where Clare's Closet proved to be a great help. When the town of Stewardson experienced an anhydrous ammonia leak incident in April 2016, St. Anthony's treated a number of people who were decontaminated and needed warm, dry clothing when they were discharged. The clothing stored in Clare's Closet met that need and continues to meet the needs of our patients and visitors.

Supporting Area Children

St. Anthony's is always looking for ways to enhance the health and wellbeing of the community we serve, including our youngest citizens. So when the community came together and identified the

need for a Crisis Nursery, this offered St. Anthony's an opportunity to expand our support of area children, particularly those in possible crisis situations.

Crisis Nursery of Effingham County's mission is to prevent and protect children from childhood trauma, abuse and neglect. The Nursery is working to bring the mission to life first and foremost through a 24-hour emergency shelter for children birth through six. There will be no income or residency guidelines. The Nursery will provide shelter, basic needs from food to clothing and other child care essentials, and nurturing love and care to children in need.

St. Anthony's is assisting the Crisis Nursery by providing the start-up costs for the program for the first year of the nursery. These start-up costs will be focused on helping provide the funds for items such as furniture, supplies, and equipment needed to fully equip the nursery. This is a community-wide endeavor, as other area agencies have also joined in providing support. We truly believe this collaboration allows the community and the hospital to come together to make Effingham a better place to live and to raise a family.



Enhancing Health Beyond Our Walls

Our Mission to reveal and embody Christ's healing love to all people extends beyond our walls to all those in our community, not just to those who cross the threshold of our hospital or clinics. In fulfillment of this calling, St. Anthony's provides assistance to area public facilities to help them in their emergency preparedness.

Over the last year, we donated Automated External Defibrillators (AEDs) to the Effingham Performance Center, the Grove Community Center in Gila, the Workman Sports and Wellness Complex in Effingham and the Effingham County Fairgrounds. In addition, Community Programs instructors from the hospital provided staff members at each of these locations with training on cardiopulmonary resuscitation (CPR) and how to use an AED, in case the need arises. The importance of this donation and training was recently evident when a gentleman collapsed at the Workman Sports Complex after exercise, and the donated AED was used (along with bystanders performing CPR) to assist him until EMS could arrive. He today credits those people for saving his life.

Our spirituality and Franciscan values lead us in providing compassionate health care in our communities.



Committed to Quality

Continuing on Our Journey of Excellence

A significant milestone in our performance improvement journey was our application to Illinois Performance Excellence (ILPEX). This process is a detailed evaluation of an organization's progress toward implementing the Baldrige Criteria for Performance Excellence. A comprehensive application was submitted in the summer of 2015 and St. Anthony's received a site visit by a team of skilled examiners from ILPEX in October. As a result, St. Anthony's achieved the ILPEX Bronze Award, signifying that we had demonstrated earnest efforts to adopt and apply continuous improvement principles.

This award is a demonstration of our hospital's teamwork and journey in elevating the care we provide to those who entrust us with their care. It is an honor to be recognized for the promises made by our colleagues to provide patients exceptional care, quality, safety, and experience. We will use the report provided by Illinois Performance Excellence to elevate our practice and continue our performance improvement journey.



Through commitment and collaboration, we pledge to provide the highest quality and safety to our patients and communities.

Awarded National Recognition for Orthopedics

Our Orthopedic Center has always had the highest of quality. This past year, we took an additional step in excellence for our orthopedic patients by earning The Joint Commission's Gold Seal of Approval® for Joint Replacement Program Certifications, encompassing our total knee, total hip and total shoulder replacement surgery services. The Gold Seal of Approval® is a symbol of quality that reflects an organization's commitment to providing safe and effective patient care.

This award is the result of a collaborative effort between our exceptional colleagues and our excellent orthopedic specialists. It truly takes teamwork to elevate the care we provide to those who come to Effingham and St. Anthony's for their hip, knee or shoulder replacement, so this award would not be possible without our partnership with the area's outstanding orthopedic surgeons. Combined with our investment in the MAKO robotic orthopedic system, these certifications provide us with the framework to continue fulfilling our promise to create a culture of excellence for those who entrust us with their care.

Increasing Access to Care

An issue many hospitals face in small rural communities is providing access to care for area residents. In order to increase access for our region's families, St. Anthony's hired a number of nurse practitioners to provide primary and specialty care. We welcomed Cory Hess, ACNP, to serve as the Nurse Practitioner for our Surgical Services department, providing care in our Pre-Surgical Testing Clinic, as well as conducting History and Physicals for out-of-town surgical patients, prior to emergency surgeries, or for those who don't have a family doctor. We also hired Laura Hickenbottom, NNP-BC, to serve as the Neonatal Nurse Practitioner for our Women and Children's Care department, where she attends preterm and high-risk deliveries. She also conducts History and Physicals on newborns that don't have a family doctor, and follows them during their stay at St. Anthony's, as well as caring for newborns in our Level II nursery. We also are pleased to have the services of Angela Brumleve, MSN, FNP-BC, as a Nurse Practitioner in our Wound Healing Center, to oversee the care of our patients needing our specialized wound care services.

In response to requests from community members and other area providers, St. Anthony's increased access to care by expanding our Convenient Care clinic hours in fall 2016 to meet community needs. The clinic is now open 10 a.m. to 8 p.m. seven days a week, 365 days a year. This helps provide health care for people during evening, weekend and holiday hours when their physician may not be available but they do not necessarily need an emergency room.

Committed to Ongoing Quality

St. Anthony's Wound Healing Center has changed the lives of many people in the region by bringing healing and allowing people to return to their active lives. Their patients and providers know their commitment to clinical excellence and exceptional patient satisfaction, for which they have received national recognition repeatedly. The center was recognized again this year by Healogics, the nation's largest provider of advanced wound care services, with the "Robert A. Warriner III, M.D., Center of Excellence" Award for outstanding quality care and patient satisfaction for the fifth year in a row. By meeting these high quality standards, St. Anthony's Wound Healing Center also received the "Center of Distinction" Award, the sixth year in a row they have achieved this outstanding achievement.

The staff of the Wound Healing Center also has received recognition for their exceptional care. This past year, Patsy Lilly, RN, CWCA, Clinical Nurse Manager of the Wound Healing Center (pictured below), was named one of seven finalists nationwide for Healogics' "Mary Cook Nurse of the Year" Award. This award is presented annually to a dedicated, skilled, and compassionate Nurse Manager whose commitment to the patient and improvement in wound care is at the forefront of everything they do. Although Patsy was not chosen as the nationwide "Mary Cook" award winner, she was named winner of the Midwest Region. Patsy was well-deserving of this recognition for the many ways that she goes above and beyond her expected duties to demonstrate teamwork, exceed her customers' expectations, and exhibit integrity and commitment while continually elevating her care.



Dedicated to our Team

Building for the Future

St. Anthony's is always looking to the future to ensure stability in our workforce so that we can provide quality advanced health care to our community many years from now. In August 2016, we proudly welcomed 10 third-year osteopathic medical students (pictured right) from Liberty University College of Osteopathic Medicine (LUCOM), in Lynchburg, Virginia to serve and learn alongside hospital colleagues and Medical Staff for the next school year. The medical students work alongside preceptors from our Medical Staff, physicians who have chosen to help provide direction and guidance. We very excited about this opportunity to be a part of developing a new generation of physicians and are confident that this is a next step in allowing us to continue meeting the needs of the community into the future.

This past year, we also welcomed new physicians to our Active Medical Staff to help serve the needs of the residents in our community:

- Dean Collette, MD, Diagnostic Radiology
- Dionne Okafor, M, Anesthesiology
- Kiran Sekhar, MD, Diagnostic Radiology



I Promise
TO MAKE A DIFFERENCE.





Expanding Our “Promise”

Last year, St. Anthony's began a journey together to infuse our Mission and our Core Values of Respect, Care, Competence, and Joy into everything that we do, by launching the “I Promise” service philosophy with our colleagues. “I Promise” permeates every level of our organization, from leadership to front-line colleagues to support staff. It strengthens our accountability to each other as a team, as well as allowing St. Anthony's colleagues to deepen their personal accountability to live our Mission each and every day. The commitment to “I Promise” is not an additional step required in a colleague's work day, but rather part of everything that they do.

This year, we continued to expand “I Promise” throughout our organization. New colleagues are introduced to “I Promise” even prior to their employment, as we have integrated the use of our Core Values and the “I Promise” philosophy as a format for the final interview process. “I Promise” concepts have also been integrated into the orientation of new colleagues, and each new colleague individually meets with the CEO at their 90-day anniversary to discuss and make their “I Promise” commitment to personally live out our Mission, and are given their “I Promise” badge card to display prominently on their name badge.

We continue to weave “I Promise” into all aspects of St. Anthony's organizational culture. “I Promise” was presented to the Physician Leadership, then the Medical Staff, and also introduced to the Auxiliary volunteers. In order to ensure sustainability and keep “I Promise” in the forefront, “I Promise” messages are visible throughout the organization, visually and verbally. “I Promise” is a continued focus of our Colleague Town Hall presentations and community presentations, as well as our Hospital Week celebrations.

The hospital's “Striving to Achieve Results” (STAR) program was rebranded to the “I Promise Award” this past fiscal year. The program redesign was to embody the Mission, Core Values and the accountability of colleagues' actions in their “Promise.” This year we awarded 16 quarterly winners. At the Reward and Recognition Dinner Program held during Hospital Week, four colleagues out of the 16 quarterly winners were named to receive the first annual “I Promise” Awards for going above and beyond to serve our Mission:

- Andy Habing, (pictured left) Respiratory Therapy
- Gary Hermsmeyer, Emergency Services
- Patsy Lilly, Wound Healing Center
- Charles Veatch, Jr., Plant Services

Thank you to them all for living out their “Promise!”

Proud to Share Our Achievements

Awarded for Quality, Value and Environmental Achievements

We are proud to share other awards we have received for our excellent quality and care:

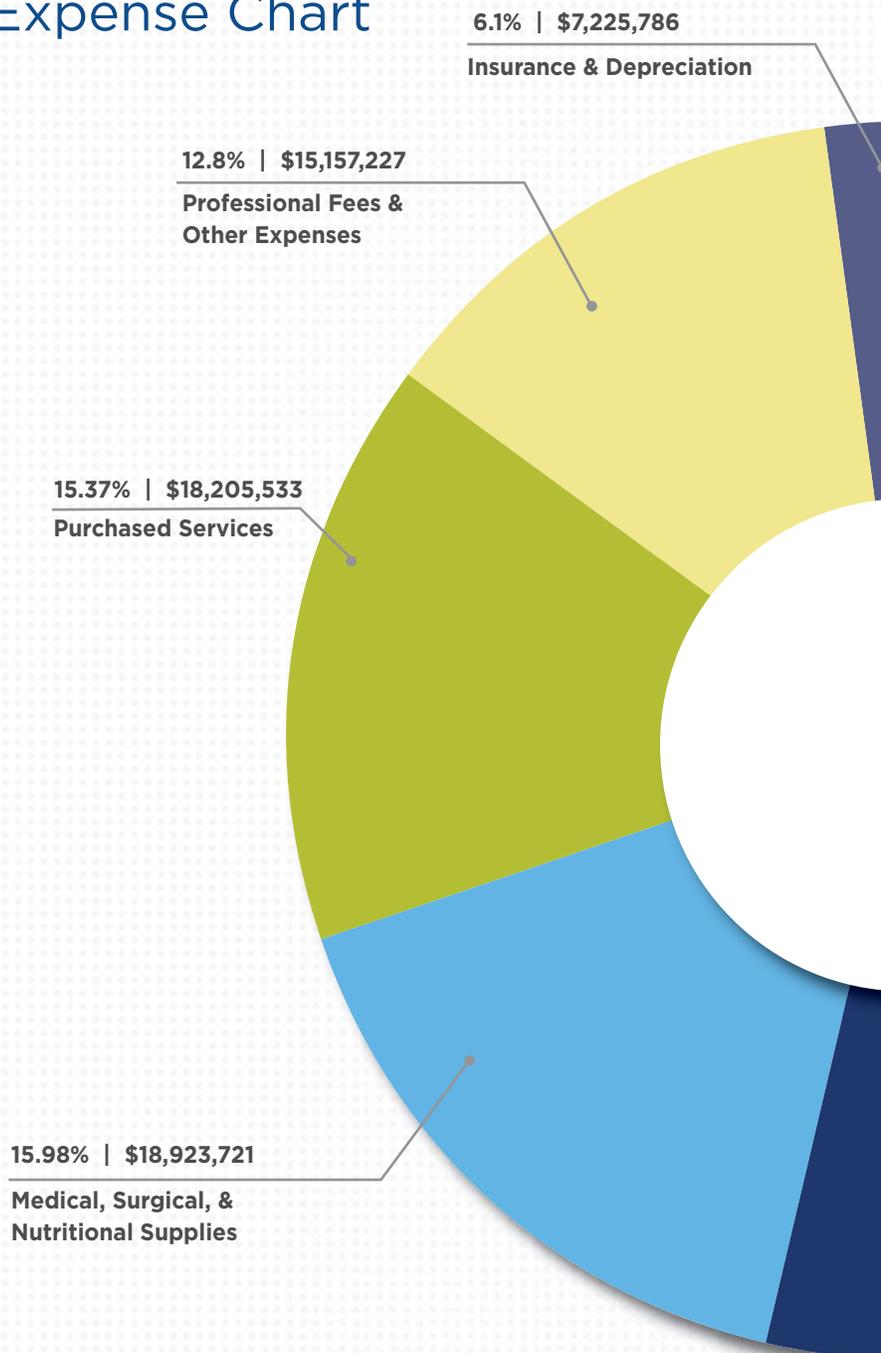
- Top 100 Rural & Community Hospital determined by iVantage Health Analytics, according to the National Rural Health Association (NRHA), for playing a key role in providing a safety net to communities across America. We were measured across more than 70 different performance metrics, including quality, outcomes, patient perspective, affordability, population risk and efficiency.
- Top Performer on Key Quality Measures by The Joint Commission for attaining and sustaining excellence in accountability measure performance for heart failure, pneumonia, surgical care, venous thromboembolism (VTE) and stroke.
- Women’s Wellness Center received the American College of Radiology (ACR) Gold Seal of Accreditation for our Mammography Program, which represents the highest level of image quality and patient safety. St. Anthony’s Women’s Wellness Center is the only ACR accredited facility in Effingham.
- “Greenhealth Partner for Change” by Practice Greenhealth, given to honor outstanding environmental achievements in the health care sector. St. Anthony’s received this elite award for the efforts the organization took to become more energy efficient to enhance reverence for the earth through a steam system efficiency project and expanding our co-mingled recycling program.
- Top-ranked (Five-Star) Community Value Provider by Cleverley + Associate. St. Anthony’s performance was assessed in four areas: financial strength and reinvestment, cost of care, pricing, and quality. We ranked within the top quintile (20%) of all hospitals for community value, confirming that those who come to St. Anthony’s can be sure that they are receiving exceptional care at the best possible value.

Stewardship and

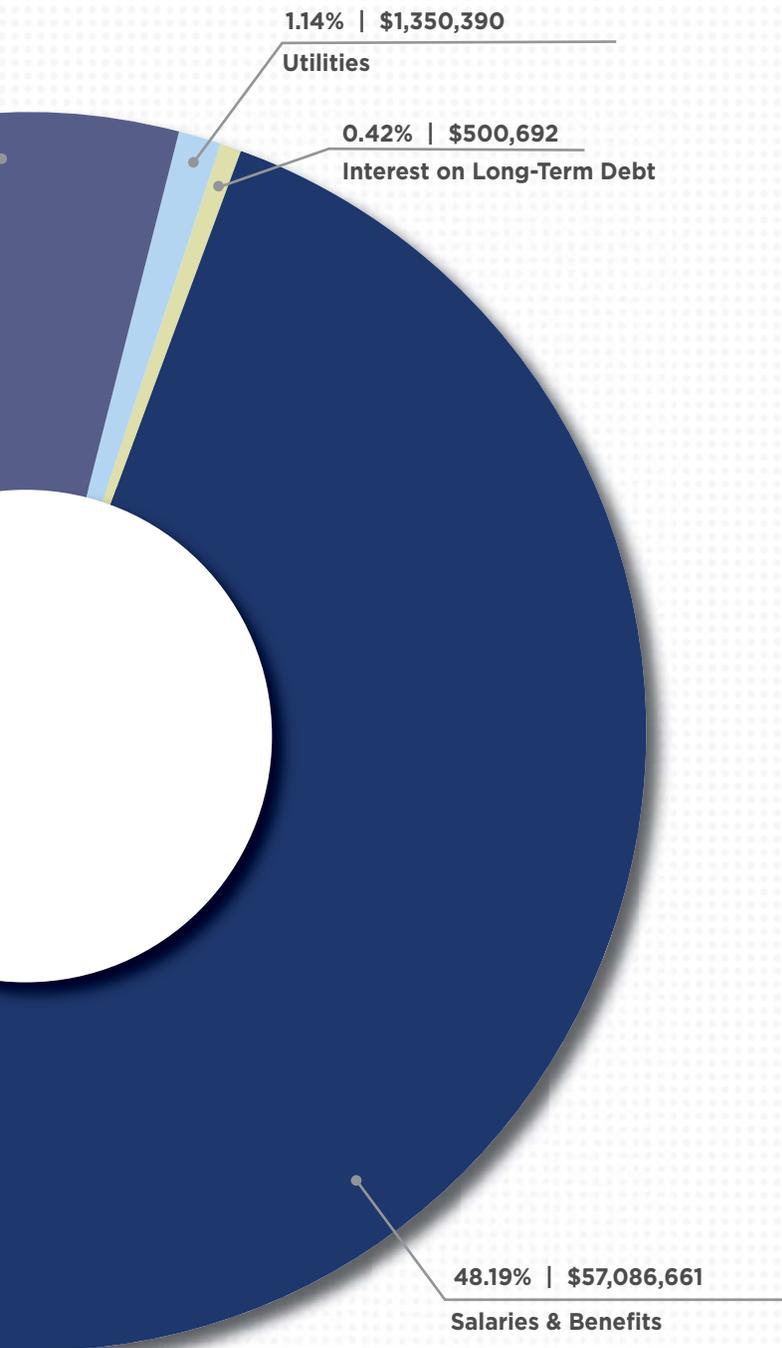
Gross Revenue

Earned from Services to Patients	\$ 348,943,952
Less Contracted Allowance	\$ 215,625,442
Revenue	\$ 133,318,510
Expenses	\$118,450,010
Net Revenue	\$14,868,500

Expense Chart



and Support FY 16



A Year by the Numbers

Together, serving our community

Active Volunteers	72
Hospital Auxiliaries	205
Medical Staff	76
St. Anthony's Colleagues	830

Patient Information

Patients Admitted	5,150
Adult & Children Patient Days	16,443
Babies Delivered	722
ER Visits	25,262
Home Care Visits	70,944

Outpatient Information

Outpatient Visits	216,720
Outpatient Surgeries	3572
Outpatient Clinics	18,969
Pain Management	2025
Prairie Heart at St. Anthony's	8239
Wound Healing Center	8705

Surgical Information

Procedures	8,144
Surgical	5094
Scopes	887
Pain Management	2163

Growing for You

Providing Services in the Community

It was an exciting time for St. Anthony's in spring 2016 as our Physical Rehabilitation and Wellness outpatient therapy department moved into the new Richard E. Workman Sports and Wellness Complex. Our collaboration with the Effingham Park District to relocate our outpatient Physical Therapy, Occupational Therapy, and Speech Therapy services to the Sports Complex supports our commitment to area residents' overall wellness and partnering with our community. In addition, leasing space in their new facility offered a new, larger area, and the opportunity to expand the therapy services we offer to the community. The Sports Complex "Lazy River" in their pool area now allows us to provide aquatic therapy to patients, a service not previously available at St. Anthony's. Likewise, we hope the beautiful facility encourages our patients to join the Sports Complex to continue improving their wellness and fitness once they no longer need treatment.



We will continue to set and achieve the highest standards to grow and enhance services for our area residents.

Expanding Compassionate Care Divisionally

This year saw the continued expansion of our HSHS Home Care and Hospice Southern Illinois services into southern Illinois counties to provide a continuum of care throughout the region. We now provide home care and hospice care in 27 counties, nearly one third of the State of Illinois, ensuring a continuum of compassionate care throughout the region. With this expansion, we launched a web site for HSHS Home Care and Hospice, to provide one point of access for those seeking information about our services.

Through our HSHS Hospice Southern Illinois program, we also began offering palliative care. Palliative care is a service that can provide an extra layer of support for caregivers and their loved ones. It is person and family-centered care that optimizes quality of life by anticipating, preventing, and treating suffering. It is care provided to people at any stage of their illness, from the time of diagnosis to the end of life. Palliative care is provided at the same time that people are receiving curative or life-prolonging medical treatment, such as chemotherapy, radiation, and surgery. Palliative care is an extension of our Mission to provide Christ's healing love to all.



Supporting Our Community

Touching Young Lives

This past school year, St. Anthony's began providing hearing and vision screenings free of charge to all Effingham County schools to assist the schools in meeting a State of Illinois requirement . The State requires hearing and vision screenings annually for all public, private, and parochial schools and licensed childcare facilities at certain grade levels, for special education or transfer students, or when referred by teachers.

In previous years, the hearing and vision screenings for Effingham County schools were provided by the Effingham County Health Department, but due to State budget cuts, the health department no longer had the staffing to provide the screenings. Knowing the difficulty the school districts would have in providing these screenings, St. Anthony's reached out to area school districts to offer to provide the screenings, in alignment with our Mission and expanding the services we provide to the community. By partnering with our area school districts, we are helping to ensure we can catch hearing or vision problems early so that they can be corrected as soon as possible and not hinder children's learning capacity.

Beginning with the 2015-16 school year, St. Anthony's began providing all the equipment and staffing, as well as handling all the reporting requirements to the State. Jamie Summers, certified hearing and vision technician for St. Anthony's, provides the screenings in each school location. During last school year, Jamie provided 2,850 hearing screenings and 2,071 vision screenings, helping area schools meet State requirements and identifying children having hearing or vision issues, which can then be checked out by their family.

Our faith prompts us to share Christ's healing love for all people and help empower them to improve their health.



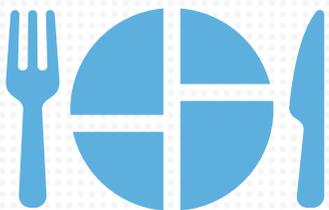
Area school principals and superintendents expressed their gratitude for the hospital's support. Vicki Wenthe, Principal of Sacred Heart School, shared, "Jamie Summers has been wonderful to work with. She is very flexible in scheduling times to come in to conduct the screenings and relates well with the children," she said. "It is fantastic that the hospital is able to provide this service to Sacred Heart School and the other schools in the area. Then the fact that they are doing it free of charge is unbelievable. It has been a great help to us as we had trouble finding a qualified person to do it and having to contract the service from an agency in Springfield."

Empowering Health Improvement

Last year, St. Anthony's began partnering with Catholic Charities to offer a free community program for people with diabetes. Clients partner with a Registered Dietitian that assists them in obtaining the necessary resources to manage their disease. Through this free program, people can get help with healthy food options, medication costs, free blood sugar testing supplies and lifestyle changes. The Registered Dietitian help clients work towards goals to improve their health. As part of the program, St. Anthony's also works with Catholic Charities to evaluate the availability of "diabetic-friendly" foods provided by their Food Pantry and fill any gaps as needed to support the overall program.



Following the success of the Community Diabetes Program offered at Catholic Charities, St. Anthony's has expanded the program to other locations as well. St. Anthony's dietitians now also visit Family Care Associates in Effingham, Jasper County Health Department in Newton, and at Lutheran Care Center in Altamont (in partnership with Altamont Medical Center). Our Mission to reveal Christ's healing love for all people through our high quality Franciscan health care ministry extends well beyond the doors of our hospital. Through this program, we are meeting people where they are to help them manage their disease so that they don't need further advanced medical care.


\$28,071
purchased
9,395 Gallons of Milk

Respecting Our Environment

St. Anthony's lives out our Core Value of Respect by having reverence for the earth that we have been given. In fall 2016, St. Anthony's partnered with Lake Land College to host an electronic waste recycling event for colleagues and Lake Land Community College students and personnel. The recycling event allowed hospital colleagues and college students and teachers to drop off their old monitors, computers, chargers, printers, phones and cell phones, microwave ovens and many other electronic devices that might otherwise have ended up in a landfill.

Protecting and Educating Our Community

In looking at ways to partner with our community to help prevent disease, St. Anthony's discovered a way we could partner with the Effingham Park District to help the patrons of their outdoor Kluthe Memorial Pool in Effingham. This past summer, St. Anthony's established a sunscreen station for those using the Kluthe Pool. The station includes a pump jar of SPF30 sunscreen provided by the hospital free for pool patrons. Along with the sunscreen, the station includes a sign with tips on sunscreen application for parents and kids. While the pool staff previously kept some sunscreen on hand to have for children who didn't have any, this station provided by St. Anthony's makes sun protection more easily accessible and provides tips on staying sun safe.



Improving Health and Fitness

Founded in 2005, Trails Recreation Effingham County (TREC) is a local true grassroots organization led by area citizens in cooperation with civic organizations and government entities. The organization is headquartered in Effingham County, which covers 475-square miles and has a population of 34,429 people. TREC has been progressive in working to promote the construction of new trails to increase tourism, improve the quality of life for residents, and serve as a tool for economic development.

TREC's ultimate plan is to develop a trails program that would include 30 miles of free access bicycling and walking trails in the county, which would in turn link smaller communities in the county together by an alternative route of travel geared toward bikers and hikers. By September 2015, TREC had completed three phases of its project by paving and opening nearly three miles of recreational trails for public use.

In the 2015 Community Health Needs Assessment that HSHS St. Anthony's Memorial Hospital conducted in partnership with

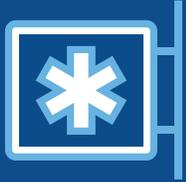
the Alliance for a Healthier Effingham County and Jasper Steering Committee, it was identified that a notably smaller portion of the population in Effingham (42%) and Jasper (57%) Counties have access to exercise opportunities compared to the state as a whole (86%). As a community partner, St. Anthony's desires to help increase the availability of outdoor recreation options for the community which will assist them in maintaining their active lifestyle or becoming more physically active. Given that the trails are offered free of charge to any community member, St. Anthony's support of the trails expansion assists in providing opportunities for everyone, regardless of their background, to make healthy choices for themselves.

In summer 2016, St. Anthony's donated \$25,000 to support the TREC Trail expansion project. TREC used this support, along with funds contributed by other organizations and agencies, for a fourth phase of their trail system to extend the TREC Trail within Effingham. This newly paved portion was recently opened in fall 2016, and has become very popular with area citizens.

TREC Board President Frank Brummer shared his appreciation for the hospital's donation. "On behalf of the Board, we are grateful for the support of St. Anthony's for the expansion of our trail. Effingham County's trail system would not be possible without the generous support of the community. The contributions of area organizations, along with grants and governmental support, make the continued construction of trails possible."

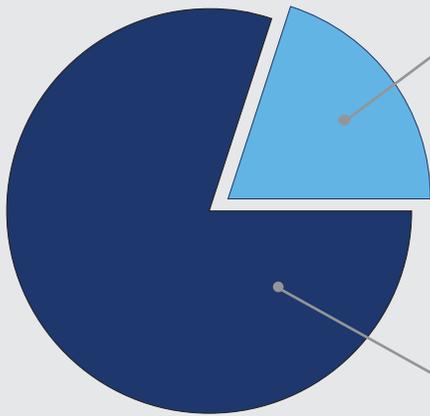


Our Year by the Numbers



\$10,936,513

COMMUNITY BENEFIT



6,579 Served
\$1,926,212
Charity Care at Cost

\$7,809,189
Unpaid Cost of Medicaid
and Other Public Programs
22,984 Served



51,893

PEOPLE SERVED



\$39,342

139 SERVED

COMMUNITY BUILDING ACTIVITIES



\$678,691

15,272 SERVED

COMMUNITY HEALTH SERVICES



\$352,958

351 SERVED

HEALTH PROFESSIONS EDUCATION



\$130,121

6,568 SERVED

OTHER
CASH & IN-KIND CONTRIBUTIONS TO
COMMUNITY GROUPS



HSHS
St. Anthony's
Memorial Hospital

503 North Maple Street
Effingham, IL 62401

Non Profit
Organization
US POSTAGE PAID
Permit No. 231
Effingham, IL