

**HSHS** St. Elizabeth's  
St. Anthony's  
St. Joseph's Breese  
Holy Family  
St. Joseph's Highland



# Annual Report 2017

# MESSAGES FROM OUR LEADERSHIP

## A letter from our President and CEO

Dear Friends and Colleagues,

For more than 140 years, Hospital Sisters Health System has been privileged to serve communities throughout Illinois and Wisconsin. When we pause and reflect on the early days of the Hospital Sisters of St. Francis in America, it is incredible to realize where we are now as a ministry and that we have been entrusted to continue their mission set forth many years ago. With that responsibility at the forefront, we are proud to report that our multi-institutional health care system was tremendously successful in providing and expanding integrated care to patients this year with an estimated 2.4 million people served in 2017. Amid profound changes in health care, our constant has been our commitment to meet the many needs of those we serve.

This report will highlight the many ways our ministries are providing high quality, compassionate and affordable care to our communities that is rooted in our Franciscan heritage and mission. HSHS ministries continue to receive distinguished ratings in quality care, patient safety and satisfaction, with several earning national recognition and accreditation. Other notable accomplishments this year include full affiliation with Shelby Memorial Hospital in Shelbyville, IL - now HSHS Good Shepherd Hospital; the completion of the new HSHS St. Elizabeth's Hospital building in O'Fallon, IL; the expansion of our HSHS-led telemedicine network in Illinois; and new LeadWell and retail based clinics.

Our success as an organization can be attributed to the highly skilled colleagues and physician partners who strive to deliver collaborative, compassionate care for our patients. With a health care environment that continually changes and will continue to change, our organization has been resilient and determined to continue to serve and meet the needs of our patients, their families and our colleague and physician partners.

Serving both rural and midsized communities can present challenges, but as a system, we are able to leverage resources and talents across our ministries to provide the best holistic and cost-effective health care to all who seek it. Our care integration strategy combined with our investments in state-of-the-art facilities and technology allows us to continue our sponsors' legacy to be innovative and visionary for the patients and communities we serve. Through technology, innovation and leadership, we are bringing life-saving health care to people where they are, rather than where we are. For example, our telemedicine and Anytime Care programs give patients immediate access to care, saving them time and lowering their cost of care.

As a Franciscan health care ministry, we are inspired to serve others - particularly the most vulnerable in our society - and adopt best practices to deliver exceptional care to all patients. As we move forward, we will remain steadfast in our mission despite any challenge we might face. On behalf of the HSHS family, we are honored to be able to bring our Franciscan health care ministry to your community and home.



*Mary Starmann-Harrison*

**Mary Starmann-Harrison**  
*President and CEO*



*Stephen J. Bochenek*

**Stephen J. Bochenek**  
*Chair, Board of Directors*

# A letter from our Division President and CEO

Dear Friends and Colleagues,

It is my honor to serve as the HSHS Southern Illinois Division President and CEO. In looking over the past couple years while I have had the pleasure to serve in this capacity, I can honestly say that this past year has been like none other in the HSHS Southern Illinois Division. It has truly been a transformational year in many ways.

At the end of Fiscal Year 2017, we celebrated the completion of the first year that HSHS Holy Family Hospital has been part of our system and division. The full integration of Holy Family over the past year has made us a stronger health care system, allowing us to provide more advanced health care services to the residents of Bond County and the surrounding area. We have established new partnerships with specialty physician groups, and expanded our existing partnership with Prairie Cardiovascular in Greenville, thereby allowing area residents to get a higher level of health care close to home.

There is nothing more exciting that happened in our division this past year than the long-anticipated opening of the new HSHS St. Elizabeth's Hospital in O'Fallon. Over the last two years, a dedicated team of St. Elizabeth's Hospital colleagues have been making detailed plans to move the hospital. On November 4, a well-coordinated but massive move took place, transferring 56 patients, all by ambulance, from the current facility in Belleville, to the new hospital in O'Fallon. The move went extremely well, and I couldn't be prouder of the St. Elizabeth's team, and members of the Southern Illinois Division family that helped with the move. People in the southern Illinois region now have the most advanced hospital in the Metro East for their health care needs, delivered with Respect, Care, Competence and Joy by our dedicated St. Elizabeth's team.

The advancement of our health care Mission is dependent on the colleagues and physicians who deliver it. This past year saw the integration of our divisional chief nurses into a Chief Nursing Officer (CNO) Leadership Council, which has led to cross-functional collaboration across ministries in the Southern Illinois Division. Their focus of having the patient at the center of each discerning point of care has made it a successful year, and allowed them to continue to grow their exceptional nursing staff.

The growth of our aligned physicians is also a major factor in ensuring that we meet the health care needs of our region. We continue to respond to the needs of the communities we serve by increasing access to health care through HSHS Medical Group's multispecialty group of more than 470 providers. Similar to the CNO Leadership Council's focus on the patient as the center, the foundation of HSHS Medical Group's dedication to patient care is what they refer to as "patient-first care", always caring for the patient first, putting the needs of the collective care team second, with the individual provider coming third. Over the past 12 months, HSHS Medical Group recruited 43 new providers to southern Illinois, with 21 being Primary Care physicians and 22 specialists. This growth demonstrates the strength of the HSHS Southern Illinois Division as physicians desire to work alongside our ministries.

You will see all of these topics addressed within this Annual Report. This past year has been exciting, yes, but I know with the dedication of our colleagues and physicians, our commitment to our Mission, and the prayers of our Hospital Sisters, there is so much more in the future we are going to accomplish together!

Sincerely,



James F. Dover  
President and CEO  
HSHS Southern Illinois Division



# COLLABORATING ACROSS OUR DIVISION

## Partnering with experts in pediatrics

In July 2016, HSHS St. Elizabeth's Hospital and SSM Health Cardinal Glennon Children's Hospital announced their partnership to bring region-leading expertise in pediatric care to St. Clair County and beyond. SSM Health Cardinal Glennon Emergency Pediatric Care staff are available 24/7 at St. Elizabeth's Hospital's emergency department. In addition, pediatricians also provide newborn nursery coverage in the Women and Infant Center. The specially trained and board certified physicians are on-site every day, all day.

In January 2017, this partnership of bringing nationally-recognized pediatric excellence was expanded to the communities served by HSHS St. Joseph's Hospitals in Highland and Breese. Through tele-medicine technology, children who present at either hospital's Emergency Department can be quickly connected with SSM Health Cardinal Glennon pediatricians who are on site at HSHS St. Elizabeth's. The emergency-trained physicians are available 24/7 and serve patients from infants to teens that may have an acute illness or injury needing immediate medical attention.

Additionally, in February 2017, HSHS St. Joseph's Hospital Breese partnered with SSM Health Cardinal Glennon to bring expertise in neonatal care to the communities St. Joseph's Hospital serves through telemedicine in their Women and Infants Center. A combination of pediatric care and information technology, this neonatal care program is a consultative telemedicine service that brings the expertise of the SLUCare neonatologists at SSM Health Cardinal Glennon directly to partnering hospitals. By using enhanced video and audio technology, neonatal patients are able to receive immediate, real-time, remote consultation and evaluations, reducing the need for a transfer to Cardinal Glennon. While patients may have to travel to SSM Health Cardinal Glennon for additional care, initial diagnosis and treatment can be provided to patients at HSHS St. Joseph's in Breese, close to home.



HSHS Southern Illinois Division hospitals will continue to seek partnerships which provide access to expertise and best practices for the residents of southcentral Illinois and the Metro East area.

## Changing lives through telemedicine

Telemedicine is not only helpful in connecting rural residents with expertise in pediatrics; it can also be a lifesaver for those undergoing a stroke.

HSHS St. Elizabeth's Hospital is designated as an Emergent Stroke Ready Hospital and partners with a telemedicine provider, which connects stroke patients at St. Elizabeth's to world-class neurologists using an audio and video connection through a telemedicine robot. When potential stroke patients arrive at St. Elizabeth's, they receive appropriate treatments immediately to ensure the best outcomes possible.

In addition, those patients presenting at HSHS St. Joseph's Hospitals in Breese or Highland, or at HSHS Holy Family Hospital in Greenville, who have symptoms of a stroke, can be additionally evaluated by these same expert neurologists through a telemedicine robot.

Connecting people to health care expertise during their moment of crisis can make a great difference in patient outcomes and quality of life.

## Collaborating divisionally to strengthen our clinical colleagues

This year saw the formation of the Chief Nursing Officer (CNO) Leadership Council, comprised of the Chief Nursing Officers from each of our five ministries: Kelly Sager (St. Anthony's in Effingham), Elizabeth Govero (St. Elizabeth's in O'Fallon), Helen Essenpreis (St. Joseph's in Breese), Lorna Keaster (Holy Family in Greenville), and Teresa Cornelius (St. Joseph's In Highland). The CNO Leadership Council works with the divisional Quality Directors, Educators, and Infection Preventionists to prioritize, standardize and endorse implementation of best practices and high quality initiatives.

The CNO Leadership Council accomplished much this first year: they created the first divisional strategic nursing plan with input from each ministry; they created an SID divisional nursing charter; they launched our first divisional shared governance council; and they created actionable plans for growth, centered around education and staffing. Their high-reliability action plans move our nurses closer to our goal of having zero harm to our patients. It includes a systematic approach for evaluating performance improvement and improving cycles of learning by investing in our nurses, as well as using data and best practices to move our key strategic goals on our huddle boards in every ministry.

By elevating our nursing standard of care at each of our ministries across the division, nurses continue to fulfill our Mission to "reveal and embody Christ's healing love for all people through our high quality Franciscan health care ministry."

## Providing educational opportunities through RN Residency Program

This past year, the HSHS Southern Illinois Division launched its first divisional RN Residency Program. The 18-week Residency provides additional education for candidates for staff positions at our five Southern Illinois Division hospitals after the residency is complete.

The most recent cohort of this divisional Residency Program included 30 RN residents, including three nurses from St. Joseph's Hospital Breese, two from St. Anthony's Memorial Hospital, one from Holy Family and 24 from St. Elizabeth's. RN Residents will complete clinical hours at all Southern Illinois Division hospitals.

One of the goals of the program is to build a sense of divisional community, where our RN residents become familiar with all of our hospitals. This will allow our residents to be comfortable assisting at any of the ministries in the future, when needed.

The program also provides one-on-one attention to prevent novice nurses from feeling overwhelmed in their first year of work. Debriefing and colleague support groups are also provided throughout the residency and during their first year, which helps residents to progress to high competence levels quickly, safely and efficiently.

Upon successful completion of this paid RN residency program, each participant is prepared to work as a full-time, independent professional RN in their home unit.



# Inspiring colleagues through a Mission Pilgrimage

More than 30 colleagues from the five hospitals and Divisional office in the Southern Illinois Division attended the Southern Illinois Division Mission Pilgrimage (entitled “Led by Their Light –A Legacy of Healing”) on October 20, 2016.

The colleagues who participated – many who had never visited the Motherhouse of the Hospital Sisters of St. Francis previously – were invited to take part in this 3rd annual Divisional collaborative program to strengthen their understanding of and commitment to the Franciscan tradition and our mission. The Mission Pilgrimage connects the Southern Illinois Division as one ministry strengthening the relationship that has connected us from the beginning and reminds us of the spiritual foundation which underscores our everyday ministry.

Colleagues established a greater connection to the Hospital Sisters of St. Francis by learning of their history, missionary efforts, international presence, healing ministries, and desire to serve the sick and the poor.

The objectives of the Mission Pilgrimage to Motherhouse program are to:

- Provide an environment and opportunity enhancing the traditions and spirituality of the HSHS mission through the Franciscan philosophy of the Sisters of the Third Order of St. Francis, in order for colleagues to embrace these charisms as a health care institution.
- Encourage sharing of each person’s own spirituality, in order to create an opportunity of common spiritual background.
- Recognize our call to service for caring of the sick and poor, as colleagues explore and renew their commitment to Catholic health care as a Franciscan facility and its future.

As one colleague expressed about the Pilgrimage, “I felt so blessed and privileged to go to the Chiara Center. The center was beautiful and you could feel God’s healing presence. The history was phenomenal. What a life-changing experience! I pray that we can all carry the torch into the future...Thanks for the chance to go!” - Peggy Stolte, Patient Experience Associate at HSHS St. Anthony’s.



# Offering compassionate Home Care and Hospice services across the division

St. Anthony's Memorial Hospital first established a home care service over 20 years ago in 1996, where they served nine counties in south-central Illinois. In 2014, when St. Anthony's, working in collaboration with HSHS St. Joseph Breese and HSHS St. Joseph Highland, began offering home care services across the Southern Illinois Division, they began by serving 18 counties. Since then, HSHS Home Care and Hospice Southern Illinois was formed, a satellite office was established in Belleville, and now, the agency offers home care, hospice, palliative and transitional care across 27 counties in southern Illinois, which is one quarter of the counties in the State.

One of HSHS and its hospitals' main goals is to expand our Mission and Core Values outside the walls of our hospitals, integrating our high quality Franciscan health care ministry into the communities we serve, offering strength and support. By having a divisional Home Care service that crosses 27 counties with colleagues living out the same Mission and Values, we are offering quality, compassionate, Franciscan-inspired care throughout the region.



## The SID Leadership Team includes:

**Peggy Sebastian, MSN, RN, MBA, FACHE**  
*President and CEO*  
 HSHS St. Elizabeth's Hospital  
 O'Fallon

**Theresa Rutherford, RN, MSN, MBA, FACHE**  
*President and CEO*  
 HSHS St. Anthony's Memorial Hospital  
 Effingham

**Chris Klay, MHA, FACHE**  
*President and CEO*  
 HSHS St. Joseph's Hospital  
 Breese

**Brian Nall, FACHE**  
*President and CEO*  
 HSHS Holy Family Hospital  
 Greenville

**John Ludwig, MHA, RN**  
*President and CEO*  
 HSHS St. Joseph's Hospital  
 Highland

**David Nosacka, MHA**  
*Chief Financial Officer*

**Amy Ballance**  
*Vice President,*  
*Business Development and Strategy*

**Carmen Joiner, JD, CHC**  
*Division Director*  
*Responsibility*

**Nicole Holst**  
*Vice President Legal Affairs and*  
*HSHS Associate General Counsel*

**Margaret Luna, SPHR**  
*Chief Human Resources Officer*

**Jan Schuette**  
*Division Chief Information Officer*

**Terriann Tharp**  
*Division Director Marketing*

**Stephanie Long, MBA**  
*Division Director Facilities*

**Carol Dodson, MSN, CNL, MBA**  
*Division Manager Patient Experience*

**Robert Farmer, MD**  
*HSHS Medical Group*  
*SID Medical Director*

**Janet Seiler, MBA**  
*HSHS Medical Group*  
*Chief Program Integration Officer*

# A NEW CHAPTER FOR HSHS ST. ELIZABETH'S HOSPITAL

Dear Friends and Colleagues,

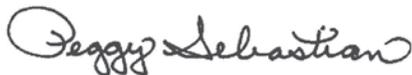
What momentous year it has been for us! It is hard to believe that we have finally opened the new HSHS St. Elizabeth's Hospital in O'Fallon. It has been indeed a long journey but a valuable one.

Our goal with the new St. Elizabeth's Hospital was to create a healing environment that combines technology and efficiencies to provide region leading, high quality care. In our new facility, we offer state-of-the-art technologies to provide advanced services in surgery, medical imaging, laboratory, and the emergency department, just to name a few. We are pleased to offer private rooms, efficiently designed clinical areas which allow nurses to spend more time with their patients at the bedside, and deluxe amenities in our Women and Infants Center. We are now the health and wellness destination for the region.

As you will see described in these pages, while the opening of the new HSHS St. Elizabeth's Hospital was truly historic in its scope, it is certainly not the only accomplishment we achieved over this past year. This year saw the accreditation of our Cancer Program for excellence in the delivery of comprehensive patient-centered care. We also offered advanced training for nurses to enable them to advance their skills levels in critical care units or emergency departments.

The launch of the new HSHS St. Elizabeth's Hospital on November 4 was truly a wonderful day in not only our hospital's history, but also in the long and ongoing journey of the Hospital Sisters, Hospital Sisters Health System, and the HSHS Southern Illinois Division. The opening of the new St. Elizabeth's Hospital was a celebration of all that we do together in the Southern Illinois Division to carry on our Mission "to reveal and embody Christ's healing love for all people through our high quality Franciscan health care ministry."

Sincerely,



Peg Sebastian

President and CEO

HSHS St. Elizabeth's Hospital



## Board of Directors (as of June 30, 2017)

Reverend James E. Deiters  
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Richard J. Thoman  
*Vice Chairperson*

Stephanie Strano-Maine  
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Lorraine Cavataio

Jim Clanahan, MD

Jacquelyn M. Clement, Ph.D.

Sister Marybeth Culnan, OSF, Senior VP

Thomas Dinges

Michael Hall

Sister Helen Marie Plummer, OSF

## The Road to O'Fallon...

There is perhaps nothing more exciting to share about HSHS St. Elizabeth's than the launching of our new replacement facility in O'Fallon on November 4, 2017. The opening of this new facility is the next chapter in fulfilling St. Elizabeth's health care Mission through advanced technologies; professional, skilled and compassionate caregivers; and the highest level of quality service.

The new \$300 million O'Fallon campus sits on 120 acres and is easily accessible off of Interstate 64. This location and amount of space allows for wonderful outdoor spaces for patients, visitors and colleagues and provides many growth opportunities for the future. Throughout the design of the new facility, we made patient care, privacy and overall experience our top priorities.

***Here are a few of the exciting new offerings at HSHS St. Elizabeth's new facility in O'Fallon:***

### ELECTROMAGNETIC NAVIGATION

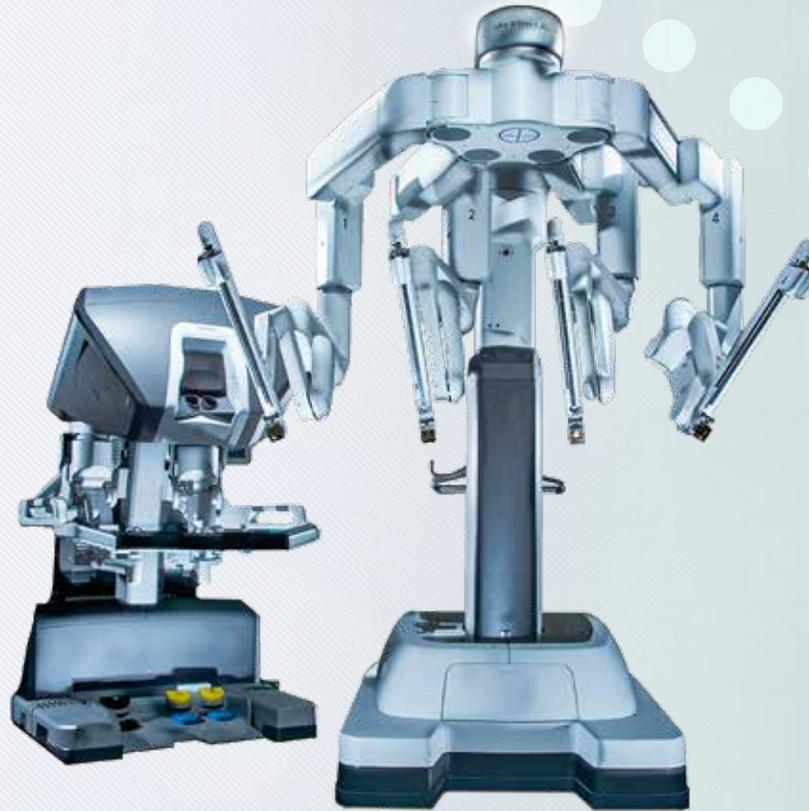
The use of superDimension™ technology in our new Electromagnetic Navigation Bronchoscopy (ENB) detects possible cancer lesions within the lung. The benefits to patients include less hospital time, fewer complications and, most importantly, early detection.

### ROBOTIC PRECISION SURGERY

With the da Vinci® Xi™ Surgical System, surgeons operate through just a few small incisions. The da Vinci Xi system features a magnified 3D high-definition vision system and tiny wristed instruments that bend and rotate far greater than the human wrist. As a result, da Vinci enables our surgeons to operate with enhanced vision, precision and control.

### PINPOINT IMAGING

The new imaging technology in the hospital is greatly beneficial in early detection and disease diagnosis while improving safety for patients. The CT machine has the equivalency of 150 chest x-rays compared to standard



equipment with equivalency of 450. This reduces radiation amounts by an average of 60 percent for patients. We are also one of the first hospitals in the region to have 3D biopsy equipment, similar to our 3D mammography, which allows us to pinpoint micro-calcifications in breast tissue. All of this technologically advanced equipment will be easily accessible for patients on the first floor of the hospital.



## ADVANCED PROCEDURES, CLOSE TO HOME

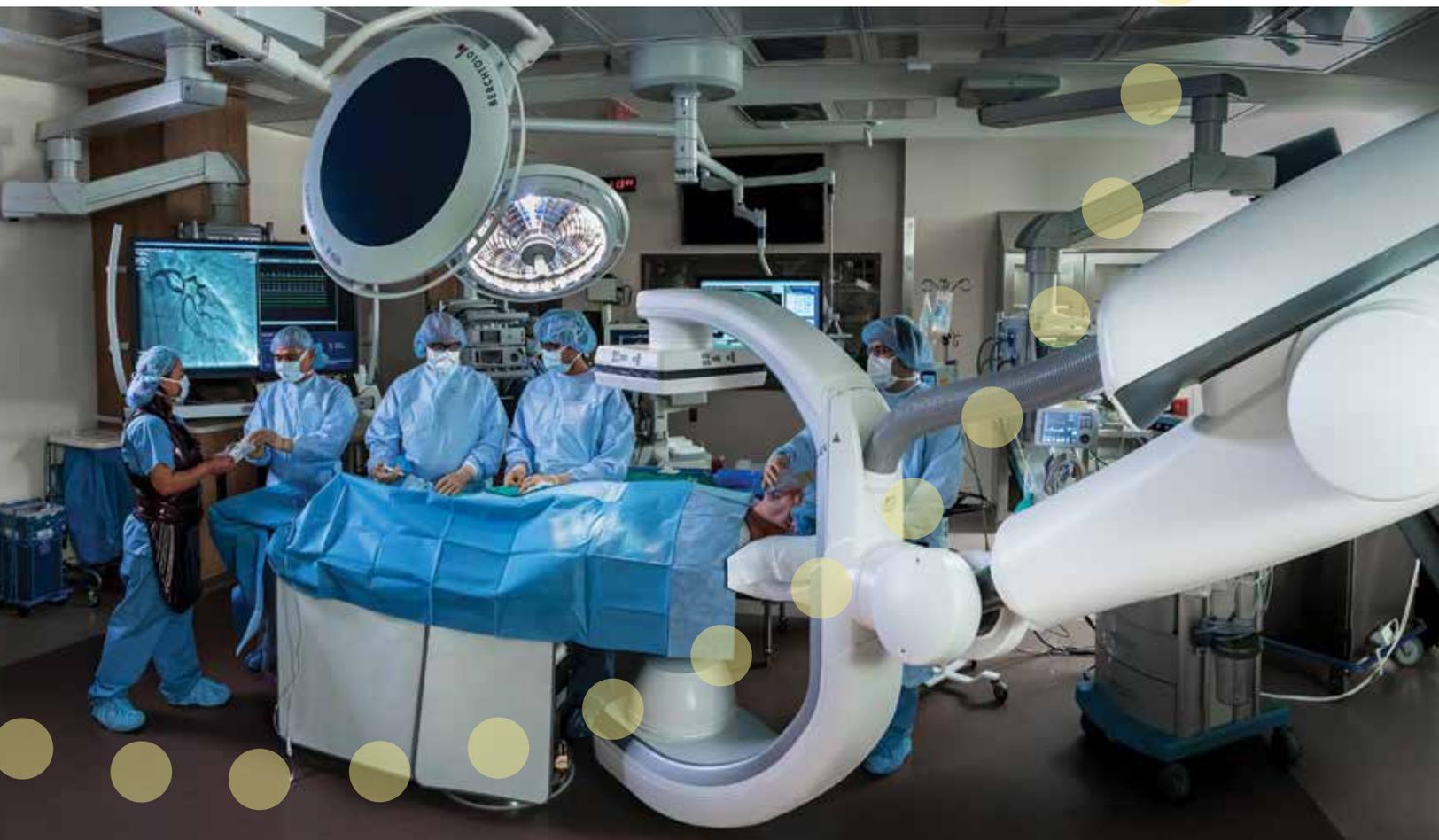
Prairie Heart and Vascular Institute at St. Elizabeth's Hospital combines advanced technology and innovative treatment with a caring tradition, providing quality health care close to home. The comprehensive services available to the region include a continuum of care through diagnostic testing such as stress tests, electrocardiograms, and diagnostic catheterization; emergency heart care; and cardiac and pulmonary rehabilitation.

- Our Electrophysiology Lab is outfitted with a low radiation dose BiPlane angio suite which allows for two x-rays to be taken at the same time, a 50-inch multi-input display and other advanced technology systems. Dr. Paban Saha was first in the region to perform complicated procedures to treat a full spectrum of heart arrhythmias and implant cardiac devices to serve patients with irregular heartbeats in our Electrophysiology Lab.
- MultiPoint Pacing technology - Dr. Atul Shah was first in the metro-east to use new MultiPoint Pacing technology designed to deliver electrical pulses to multiple locations to improve the heart's efficiency at pumping blood to the body and lessen symptoms of heart failure.
- Our Structural Heart Program, performed by Dr. Venkatesh Anjan, offers a complete valve replacement through an artery in the leg which is less invasive than previous open heart surgery procedures.
- St. Elizabeth's also received Chest Pain Center Accreditation from the Society of Chest Pain Centers (SCPC), an international organization dedicated to eliminating heart disease as the number one cause of death worldwide.

## NEXT GENERATION OPERATING ROOMS

At the center of our hospital's technological advancements is our Hybrid Operating Room, which is a surgical theatre equipped with technologically advanced imaging equipment used in high-intensity procedures, such as neuro surgeries, vascular procedures and everything in between.

These imaging devices also enable minimally-invasive procedures which require imaging techniques that can visualize smaller body parts such as thin vessels in the heart muscle. Utilizing our Hybrid OR directly impacts patient safety, because



everything can occur in one room – emergencies or complications can be handled in one location, saving precious time instead of having to move the patient to another operating room.

Our new hospital features Computerized Integrated Surgery, which is a sophisticated platform that allows physicians to remotely connect through telesurgical technology to specialized physicians during surgery for consults, assistance and education.

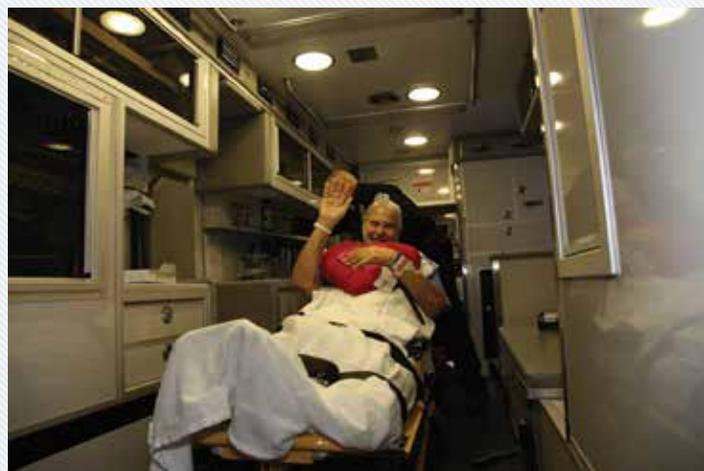
This critical technology can be life-saving. Imagine going into a routine heart catheterization and an unexpected mass is found. The in-house surgical team can telecommunicate in real time through the in-light camera to a specialist to address the issue at that moment, saving time and eliminating the need for additional surgeries.

This technology allows physicians to actually record the surgery and images to teach other surgeons, or to educate patients and families.

In preparing for the Road to O'Fallon, a dedicated team of St. Elizabeth's colleagues and physicians put in many long hours to prepare for the move to a new facility. To thank colleagues for their hard work and commitment, hospital colleagues and their families were given the first look at the new facility at a ribbon-cutting and open house event held September 16. Over 500 colleagues and their family members toured the new hospital prior to the public open house held October 7-8, where over 3,000 community members toured the new facility.



# Move Day Memories



## Embracing history and inspiring the future of St. Elizabeth through financial support

The move to a new replacement facility in O'Fallon was made possible by the support of many people, including a number of generous contributors to the HSHS St. Elizabeth's Foundation's "Embrace. Entrust. Inspire.", a regional capital campaign for the new replacement hospital. The campaign supports the new St. Elizabeth's Hospital and Health Center that was built in O'Fallon, along with future updates to the Belleville Health Campus.

Some of the most generous contributors to the campaign included:

- An extraordinary, unprecedented \$2.5 million gift made by an anonymous donor "exclusively to the St. Elizabeth's Hospital Replacement Project" and dedicated "in honor of the Hospital Sisters of the Third Order of St. Francis who have served at St. Elizabeth's Hospital."
- The gift of \$1.28 Million from the W.E. Renth Trust. One million dollars of the gift is designated for the St. Elizabeth's Replacement Hospital Capital Campaign with the balance placed in an endowment for maintenance and upkeep of the new facility. The gift originated from a trust established to benefit W.E. Renth's sister, Betty Renth. Ms. Renth generously chose to release the trust in support of the campaign and the hospital. In honor of their generosity, W.E. and Betty Renth received special recognition in the replacement hospital's Heart and Vascular Center.
- A \$1 million life insurance policy donated by local business leader Catherine Taylor Yank and her husband Greg Yank in support of HSHS St. Elizabeth's Hospital. They will provide approximately \$500,000 to fund the policy entirely. The Yanks are receiving special recognition in the replacement hospital's Emergency Department.
- A pledge of \$250,000 from Scott Credit Union over five years to support the new St. Elizabeth's Hospital. The new hospital's Outpatient Registration Center will feature a plaque that recognizes Scott Credit Union for its financial support for the facility.

These and other generous gifts to the Foundation are powerful testaments to their commitment to the availability of high quality health in Southern Illinois and to the legacy of the Hospital Sisters of St. Francis.

# Achieving accreditation for Cancer Care

HSHS St. Elizabeth's is always looking to implement effective and high quality programs for regional health care. An example of this in the past year was when the Commission on Cancer (CoC), a quality program of the American College of Surgeons (ACS), granted Three-Year Accreditation to the cancer program at HSHS St. Elizabeth's. To earn voluntary CoC accreditation, a cancer program must meet 34 CoC quality care standards, be evaluated every three years through a survey process, and maintain levels of excellence in the delivery of comprehensive patient-centered care.

Because we are a CoC-accredited cancer center, St. Elizabeth's takes a multidisciplinary approach to treating cancer as a complex group of diseases that requires consultation among surgeons, medical and radiation oncologists, diagnostic radiologists, pathologists, and other cancer specialists. This multidisciplinary partnership results in improved patient care.

This accreditation, from a noted national organization, speaks to the work that St. Elizabeth's Cancer Committee has done in support of the hospital's patients. St. Elizabeth's programs assist patients from cancer diagnosis through treatment and rehabilitation, all close to home so patients can be near their family support system. Besides the addition of superDimension technology in our new Electromagnetic Navigation Bronchoscopy, we also added an Oncology Wellness Program through Physical Therapy services and a Nurse Navigator to assist patients through all steps on their cancer treatment and recovery.



A **QUALITY PROGRAM**  
of the **AMERICAN COLLEGE**  
OF SURGEONS

# Enhancing patient care by offering advanced training for Critical Care nurses

St. Elizabeth's Hospital serves as a teaching hospital for the Metro East region, providing first-class residency programs and clinical educational opportunities. As a region leader in quality care and as a healing ministry founded on Franciscan traditions, we offer the right mix of support and clinical expertise to develop high quality medical professionals for the future.

An additional program that we launched this past year was a new RN Critical Care Fellowship Program. The program is a great opportunity for Registered Nurses (RNs) with at least one year of acute care experience with a desire to work in the Critical Care Unit (CCU) or Emergency department (ED). The program is open to all RNs meeting the requirements including current hospital RNs, HSHS Southern Illinois Division RNs and the public. The objective of the program is to attract nurses who have the desire to work in specialty care areas, but do not yet have the necessary experience.

Participants of the program work for one year on the Progressive Care Unit at St. Elizabeth's Hospital to build their skills. After successful completion of the Fellowship Program, they are eligible to transfer to specialty units including the emergency department or critical care unit. During the year-long program, the RNs receive special classes, training and orientation to prepare them for serving patients and families in the ED or CCU.

# COMMUNITY BENEFIT

## Encouraging healthy lifestyles

As a leader in health care, St. Elizabeth's supports many community programs that encourage healthy activities and family togetherness. When the East YMCA announced the start of their new Bike Share program which makes bikes available for rent to travel up and down the St. Clair County bike trail, we knew we wanted to be part of the program.

As part of a shared vision for health created in 2009 by the member agencies of the St. Clair County Health Care Commission, the Belleville YMCA announced they were collaborating with community organizations such as the City of Belleville, Belleville Parks and Recreation, and St. Clair Transit District to bring a bike share program to the St. Clair County Bike Trail. Their goal was to provide good quality bikes and helmets for adults and kids at an affordable rental rate to enjoy the bike trail. They needed additional sponsors to make the program a reality.

St. Elizabeth's Hospital, along with Gavin Law Firm, committed \$10,000 (\$2,500 a year for four years) to sponsor the Duo Guard Storage Unit at the East Belleville YMCA where the bikes will be stored and checked out from, allowing users to benefit from the St. Clair County Bike Trail already in existence. St. Elizabeth's made this investment to promote health, recreation and togetherness in Belleville.



## Connecting communities to improve health

St. Elizabeth Hospital is dedicated to improving nutrition and wellness in the community. We are a steadfast supporter of the East St. Louis Make Health Happen Partnership, dedicating time and resources toward improving food access in the Greater East St. Louis area.

As part of this partnership, St. Elizabeth's is a visible presence in the community and have Registered Dietitians on our staff to assist two agencies that serve seniors in East St. Louis up to 20 hours a week. This and other programs demonstrate our commitment to ensuring the health and wellbeing of the larger community. For our dedication and support, HSHS St. Elizabeth's Hospital was recently honored as a Community Connectors for health in the Metro East by at the 7th Annual Metro East Health Forum.

# ECONOMIC IMPACT

## GENERATING \$585 MILLION IN LOCAL IMPACT

### EMPLOYEES



St. Elizabeth's employs over **1,173** colleagues with **939 Full-time Equivalants (FTE)** and is one of the largest employers in the area. Hospital payroll expenditures serve as an important economic stimulus, creating and supporting jobs throughout the local and state economies.

### PAYROLL

#### \$71 million annually

St. Elizabeth's colleagues stimulate the local economy through home purchases, groceries, shopping, etc. and generate over **\$171 million** in economic activity, creating an additional **1,354** jobs in our community.



HSHS  
St. Elizabeth's  
Hospital

### CAPITAL

St. Elizabeth's continues to make capital improvements to update and improve our facilities and purchase new medical equipment.

#### \$77.3 million

HSHS St. Elizabeth's continually takes steps to boost the local economy and advance health care services offered to the residents of this region. Through capital spending, St. Elizabeth's generates over **\$186 million** for our local and state economy per year.



### PURCHASED GOODS & SERVICES

#### \$94 million

St. Elizabeth's goods and services purchases ripple throughout the economy to area vendors and businesses. Dollars spent by St. Elizabeth's generate over **\$227 million** for the local and state economy.



### COMMUNITY SUPPORT

St. Elizabeth's provides a positive impact and enormous benefits to the communities we serve with increased access to care for the underserved, enhanced health and wellness programs, and advanced medical education and knowledge.

#### \$23.8 million



Included in this amount was **\$3.4 million** provided for Charity Care at cost and **\$17.8 million** for unreimbursed care provided under the Medicaid program and other public programs.

# CELEBRATING GROWTH AT HSHS ST. ANTHONY'S MEMORIAL HOSPITAL

Dear Friends and Colleagues,

As I look back over the past year, I am truly grateful for what we have been able to accomplish at HSHS St. Anthony's Memorial Hospital and throughout the Southern Illinois Division. It is important to recognize where we have come from to keep our focus as we move forward. We would not be where we are today without the dedication and commitment of the first Hospital Sisters and all those who came before us.

In order to recognize the significance of this, we at St. Anthony's took time in fall 2017 to celebrate our 140th anniversary of the opening of the first St. Anthony Hospital in Effingham. Commemorating this important date in our history helps lay the foundation for our next 140 years.

Health care looks nothing like it did 140 years ago. We now have technologies that were never even imagined when the hospital was first established, such as the da Vinci Robotic Surgical System that we invested in this past year. At the hands of our talented physicians, this advanced surgical technology helps decrease patients' pain post-operatively and shorten their hospital stay so they can return home quickly.

But quality health care is more than just technology - it is the people that deliver that health care that make someone's care exceptional. One example of this is shared within these pages with our Wound Healing Center team that has been honored repeatedly over the last seven years for demonstrating excellence in compassionate and high quality care.

I truly value our colleagues' diversity and contributions. As we work together as a unified team, there are no limits to the possibilities we can achieve. As we continue to grow and stretch, seeking to continually enhance the care we provide, we need to remember that "life is a journey not a destination," as we continue our Promise to make a difference!

Health to You and Yours,



Theresa J. Rutherford  
President and CEO  
HSHS St. Anthony's Memorial Hospital



## Board of Directors (as of June 30, 2017)

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John Kingery  
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Sister Marybeth Culnan, OSF  
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Bob Schultz  
Eric Zeller

# Advancing technology with investment in da Vinci Robotic Surgical System

HSHS St. Anthony's Memorial Hospital continued to advance surgical technology for our patients by investing in a new da Vinci Xi Robotic Surgical System. The da Vinci Robot allows specially-trained surgeons to perform very delicate and complex operations through a few small incisions. It is an extension of the surgeon's hands and eyes, allowing them to do precise work, with the surgeon being in complete control of every move. The da Vinci also dramatically improves the surgeon's visual ability - they can see the smallest areas deep within the body, highly magnified on a high definition 3D monitor.

Surgeons at St. Anthony's are using the da Vinci for laparoscopic general surgery, including hernia repair and gall bladder removal, with plans for much more types of surgery in the future. As with all minimally-invasive surgery, this technology helps decrease patients' post-operative pain and shorten hospital stays so people can return home quickly after surgery.

While having the da Vinci Robot benefits patients in the area now, having this technology also benefits the region long-term. New surgeons often are educated in using robotic surgical technology in training hospitals across the country, so the da Vinci Xi is also a recruiting tool. St. Anthony's will continue to be able to attract highly skilled and educated surgeons, which will greatly benefit our region.



## New Health Center to offer convenience to community

We took an additional step toward offering care more conveniently for area residents with a groundbreaking held for our new Health Center that will house outpatient services and physician offices in a convenient location. The Health Center will provide patients with an ideal ambulatory (or outpatient) patient experience by moving outpatient services that are best delivered in an easily accessible setting off the main hospital campus. When completed, the Health Center will be connected to the current Effingham Medical Center to provide ease of access for physicians and patients.



The construction of this Health Center will allow St. Anthony's to relocate several hospital outpatient services that are located within blocks of each other, to one centralized location and provide residents easy access to a variety of outpatient services. When complete, the Health Center will provide residents easy access to:

- Convenient Care
- Diagnostic Imaging, including X-ray, CT, and Open MRI
- Women's Wellness Center with 3D Mammography, Stereotactic Breast Biopsy and Boutique
- Laboratory Specimen Collection

Construction of St. Anthony's Health Center is projected to be complete in late 2018.

## Wound Healing Center annually awarded for clinical excellence and patient satisfaction

HSHS St. Anthony's Wound Healing Center has changed the lives of many people in the region by bringing healing and allowing people to return to their active lives. Their outstanding care of these patients is evidenced by the way they are annually awarded for their clinical excellence and exceptional patient satisfaction. This past year, the Wound Healing Center received Healogics' "Robert A. Warriner III, M.D., Center of Excellence" Award, because it has met the highest quality standards and patient satisfaction rates. This is the sixth year in a row that St. Anthony's Wound Healing Center has received this prestigious honor. Additionally, by meeting these high quality standards, St. Anthony's Wound Healing Center also received the "Center of Distinction" Award, which is the seventh year in a row they have achieved this outstanding achievement. Of all Healogics' 750 healing centers nationwide, St. Anthony's has the distinction of being one of only seven centers nationwide that have had the repeat success of winning the "Center of Excellence" Award for seven years and the "Center of Distinction" Award for six years.



## Collaborating to offer rapid test results for faster diagnosis

Our laboratory invested in new state-of-the-art BioFire® molecular panels which represent a striking improvement in the hospital's ability to identify infectious agents in as little as two hours. The BioFire Molecular Panels offer rapid and accurate identification of infectious agents in patients with meningitis/encephalitis, blood stream infections (sepsis), upper respiratory infections, and gastrointestinal infections. Critical tests that used to take days now take only a few hours, which has a huge positive impact on patient care. The BioFire panels provide colleagues with more information, such as which patients with meningitis can be safely discharged to home and which patients need to be admitted for intensive care. Faster identification of infectious agents allows for quicker diagnosis and improved results for the plan of care, decreased lengths of hospital stays, improved infection control practices and, most importantly, better and happier outcomes for our patients.

This investment benefits not only St. Anthony's patients but the patients at many other HSHS hospitals as well. Since we offer a wide variety of the BioFire molecular detection panels to detect infections, we have collaborated with HSHS Central Illinois Division hospitals to provide this testing, including HSHS St. John's Hospital in Springfield, HSHS St. Mary's Hospital in Decatur, HSHS St. Francis Hospital in Litchfield and HSHS Good Shepherd Hospital in Shelbyville, being positive stewards by sharing our resources to enhance patient care.

## Celebrating 140 years of making a difference

It is important to celebrate anniversaries and in fall 2017, HSHS St. Anthony's took the opportunity to celebrate 140 years of service to the Effingham region. While the Hospital Sisters of St. Francis began serving the Effingham community in 1875, which is 142 years ago, St. Anthony's wanted to commemorate the anniversary of the opening of the first St. Anthony Hospital in Effingham in 1877. Over these fourteen decades, health care services delivered with compassion and caring have been provided by our Hospital Sisters, physicians, and colleagues.

To honor the contributions of St. Anthony's colleagues and physicians, we did something unique to commemorate this special anniversary, as well as serve as a continuation of the "I Promise" service commitment of colleagues and physicians. An autograph quilt was created and signed by colleagues and physicians over a number of weeks, and then framed and unveiled at an anniversary celebration on the Feast of St. Francis in October. The quilt is a great representation of teamwork and service - being created by many hands; many individual pieces making up a beautiful pattern; and its ability to provide warmth and comfort to those it serves. By signing the quilt, our colleagues and physicians continued their commitment to Promise to make a difference in the lives of those we serve each and every day.



# ECONOMIC IMPACT

## GENERATING \$292 MILLION IN LOCAL IMPACT

### EMPLOYEES



St. Anthony's employs over **850** colleagues with **667 Full-time Equivalants (FTE)** and is one of the

largest employers in the area. Hospital payroll expenditures serve as an important economic stimulus, creating and supporting jobs throughout the local and state economies.

### PAYROLL

**\$58.5 million annually**

St. Anthony's colleagues stimulate the local economy through home purchases, groceries, shopping, etc. and generate over **\$140.8 million** in economic activity, creating an



additional **962 jobs** in our community.

### CAPITAL

St. Anthony's continues to make capital improvements to update and improve our facilities and purchase new medical equipment.

**\$2 million**

HSHS St. Anthony's continually takes steps to boost the local economy and advance health care services offered to the residents of this region. Through capital spending, St. Anthony's generates over **\$4.9 million** for our local and state economy per year.



### PURCHASED GOODS & SERVICES

**\$60.8 million**

St. Anthony's goods and services purchases ripple throughout the economy to area vendors and businesses. Dollars spent by St. Anthony's generate over **\$146.6 million** for the local and state economy.



### COMMUNITY SUPPORT

St. Anthony's provides a positive impact and enormous benefits to the communities we serve with increased access to care for the underserved, enhanced health and wellness programs, and advanced medical education and knowledge.

**\$8 million**



Included in this amount was **\$2 million** provided for Charity Care at cost and **\$4.5 million** for unreimbursed care provided under the Medicaid program and other public programs.



HSHS

St. Anthony's  
Memorial Hospital

# COMMUNITY BENEFIT

## Assisting those in crisis situations

With the launch of the Crisis Nursery of Effingham County, this offered an opportunity for St. Anthony's to expand its support of area children, particularly those in possible crisis situations. Crisis Nursery of Effingham County's mission is to prevent and protect children from childhood trauma, abuse and neglect, and fulfills this mission first and foremost through a 24-hour emergency shelter for children (birth through 6 years old), with no income or residency guidelines. We assisted the Crisis Nursery by providing the start-up costs for the program and the funds to operate for their first year, with the Crisis Nursery opening in March 2017. For the final quarter of Fiscal Year 2016-17 that the Crisis Nursery was open (March 10 - June 30), the Crisis Nursery had 375 admissions, serving 95 unduplicated children from 58 families.

## Equipping local police to help prevent heroin overdoses

To help provide local police with the tools they need, HSHS St. Anthony's began partnering with the Effingham City Police Department to allow the department to have doses of Naloxone (more commonly known by its brand name "Narcan") in nasal spray form to use in cases of heroin overdoses. Narcan reverses an overdose by blocking heroin or other opioids in the brain for 30 to 90 minutes. Providing this medicine to first responders is crucial in saving lives before the person undergoing an overdose can make it to the ER. We initially donated \$300 to the Effingham City Police Department to have doses available during all of their shifts, and will continue to contribute funds to replace any Narcan doses as needed. In addition, Ryan Jennings, MD, HSHS St. Anthony's Chief Medical Officer, provides clinical oversight and consultation services for the program.



# AWARD-WINNING CARE AT HSHS ST. JOSEPH'S HOSPITAL IN BREESE

Dear Friends and Colleagues,

I am honored to be the newest leader in the HSHS Southern Illinois Division as I began serving as the President and CEO of HSHS St. Joseph's Hospital Breese in September 2017.

In the short time that I have been a part of St. Joseph's Hospital's team, I have already seen demonstrations of what makes this hospital so special. I am proud that I get to represent a group of colleagues and physicians who were recognized by a number of governmental and national organizations such as Centers for Medicare & Medicaid Services and Press Ganey. These awards demonstrate our commitment to providing top tier patient care and experience to those who come through our doors.



I am thankful that I arrived in time to participate in the Blessing and Dedication of St. Joseph's Hospital's new Outpatient Surgery Center, scheduled to open in December 2017. This new addition supports our hospital's commitment to providing exceptional care to Clinton County. The design of our new Outpatient Surgery Center will promote operational efficiency and offer a beautiful environment supporting patient privacy. This new facility would not have been possible without the hard work and efforts of my predecessor, Paulette Evans, and I am truly grateful for her contributions to the planning and launch of this new facility.

It is the compassionate care delivered by our providers and colleagues that creates an exceptional experience for all patients. For example, I've been told of colleagues at St. Joseph's who cared for a gentleman who came to our hospital last year who did not have family close by. Colleagues became his family, supporting him, and when he was transitioning to a new home, they collected a number of items for him since he had limited financial means - just one example of how our colleagues live out the Core Values each and every day.

I feel truly blessed to lead such an outstanding group of colleagues at HSHS St. Joseph's Hospital. There is much they have accomplished and there is so much more we will do together. Along with our physicians and the other Southern Illinois Division ministries, we are making quality health care even better for the residents of our communities.

Sincerely,

A handwritten signature in black ink, appearing to read 'Chris Klay'.

Chris Klay  
President and CEO  
HSHS St. Joseph's Hospital Breese

## Board of Directors (as of June 30, 2017)

John Hudspeth  
*Chair*

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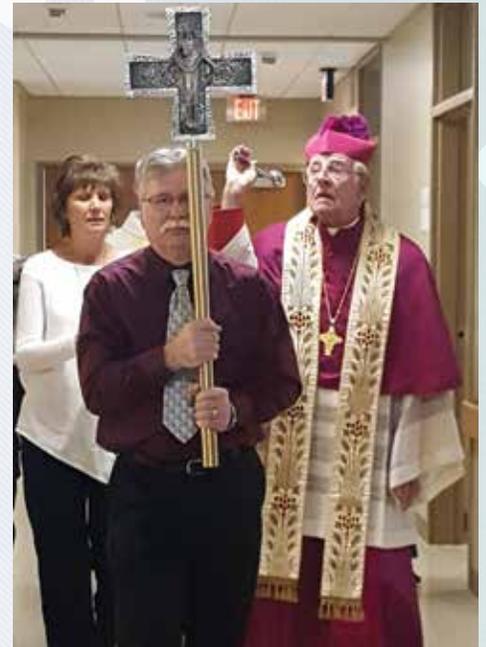
Richelle Rennegarbe

## Redefining the outpatient surgery experience

HSHS St. Joseph's Breese is nearing completion of an expansion project that will re-define the outpatient surgery experience for our patients. The \$9.4 million Outpatient Surgery expansion includes a 13,880 square-foot addition to house 17 ambulatory surgery prep/recovery rooms, four infusion rooms, support space, consultation rooms, waiting areas, and a new ambulance garage. The building will also have a new discharge exit with an overhang and a circle drive, so patients will not need to travel through the hospital after having surgery. The project also includes renovation of existing hospital departments including Emergency and Surgical Services.

This new facility supports our commitment to providing care to Clinton County. The design of our new Outpatient Surgery Center will promote operational efficiency and offer a beautiful environment supporting patient privacy.

A private blessing ceremony was recently held for the new area on November 9, with the public invited to view the new expansion at an open house on November 12. The Outpatient Surgery expansion is expected to be completed and opened in December 2017.



## Offering peace of mind through 3D Mammography

Thanks to the generous contributions to a capital campaign by the HSHS St. Joseph's Foundation, we have upgraded our mammography equipment to include SenoClaire, GE Healthcare's breast tomosynthesis solution designed with three-dimensional imaging technology. We invested \$167,000 in this state-of-the-art technology to detect breast cancer at the earliest possible stage. The full cost of this update was paid through the Foundation's capital campaign launched in fall 2016.

SenoClaire uses a fast, low-dose X-ray sweep around the positioned breast with multiple exposures while removing the potential motion from the tube. This helps to reduce blur and increase image sharpness.

HSHS St. Joseph's Breese is committed to offering a comprehensive breast program in Clinton County, from screening and diagnosis through treatment and rehab. SenoClaire provides patients with another option, and will help clinicians better detect breast cancer with low dose radiation and high image quality, leading to better outcomes.



## Awarded for commitment to quality care

Consistent high quality health care takes an ongoing commitment of all those involved in the care of each and every patient. That commitment can be seen at St. Joseph's Breese with our repeated recognitions by various governmental and other health care agencies.

- In July 2016, St. Joseph's Breese received a five-star rating from the Centers for Medicare & Medicaid Services (CMS), the top score in the federal agency's new ratings system. According to CMS, the overall rating summarizes up to 64 quality measures, reflecting common conditions that hospitals treat, such as heart attacks or pneumonia. The overall rating shows how well each hospital performed, on average, compared to other hospitals in the country. HSHS St. Joseph's Breese was the only hospital in the St. Louis area to receive five stars at that reporting.
- In November 2016, HSHS St. Joseph's Breese was named a 2016 Pinnacle of Excellence Award® winner by Press Ganey. The Press Ganey Pinnacle of Excellence Award in Patient Experience recognizes top-performing clients from health care organizations nationwide on the basis of extraordinary achievement and consistently high levels of excellence for at least three years. The Breese hospital was also named a Guardian of Excellence Award winner in both Patient Experience and Physician Engagement.
- On the heels of receiving the Press Ganey awards, St. Joseph's Hospital was named one of the Top 100 Rural & Community Hospitals in the United States by iVantage Health Analytics and The Chartis Center for Rural Health. HSHS St. Joseph's Hospital scored in the top 100 of rural and community hospitals on iVantage Health Analytics' Hospital Strength INDEX®. The Top 100 Rural & Community Hospitals play a key role in providing a safety net to communities across America – and the INDEX measures them across eight pillars of hospital strength: Inpatient Share Ranking, Outpatient Share Ranking, Cost, Charge, Quality, Outcomes, Patient Perspectives, and Financial Stability.



## COMMUNITY BENEFIT

### Honoring a Feast Day by helping those in need

It is always a special time to honor a patron saint at a hospital, but it makes it even more special when celebrating the Feast Day not only honors the saint but helps those in need. When HSHS St. Joseph's Breese held our Feast of St. Joseph in



March 2017, we decided to hold a Simple Soup Supper for hospital colleagues, physicians and community members to benefit local food pantries. A donation of \$5 per person was requested, with all money collected being divided between the Clinton County food pantries. The hospital's Mission Committee hosted the event in the hospital cafeteria to share the hospital's Franciscan heritage of simplicity during the Lenten season.

# ECONOMIC IMPACT

## GENERATING \$115 MILLION IN LOCAL IMPACT

### EMPLOYEES



St. Joseph's employs over **332** colleagues with **309 Full-time Equivalants (FTE)** and is one of the largest employers in the area. Hospital payroll expenditures serve as an important economic stimulus, creating and supporting jobs throughout the local and state economies.

### PAYROLL

**\$23 million annually**

St. Joseph's colleagues stimulate the local economy through home purchases, groceries, shopping, etc. and generate over **\$55.6 million** in economic activity, creating an additional **442 jobs** in our community.



**HSHS**  
**St. Joseph's**  
**Hospital Breese**

### CAPITAL

St. Joseph's continues to make capital improvements to update and improve our facilities and purchase new medical equipment.



**\$1.1 million**

HSHS St. Joseph's continually takes steps to boost the local economy and advance health care services offered to the residents of this region. Through capital spending, St. Joseph's generates over **\$2.7 million** for our local and state economy per year.

### PURCHASED GOODS & SERVICES

**\$23.4 million**

St. Joseph's goods and services purchases ripple throughout the economy to area vendors and businesses. Dollars spent by St. Joseph's generate over **\$56.3 million** for the local and state economy.



### COMMUNITY SUPPORT

St. Joseph's provides a positive impact and enormous benefits to the communities we serve with increased access to care for the underserved, enhanced health and wellness programs, and advanced medical education and knowledge.

**\$3.5 million**



Included in this amount was **\$932,000** provided for Charity Care at cost and **\$1.8 million** for unreimbursed care provided under the Medicaid program and other public programs.

# A YEAR OF GROWTH AND STABILITY AT HSHS HOLY FAMILY HOSPITAL

Dear Friends and Colleagues,

On May 4, 2016, we were honored to become part of the HSHS Southern Illinois family and change from Greenville Regional Hospital to become HSHS Holy Family Hospital. This past year has been a year of growth and renewed stability that would not have been possible without our affiliation with HSHS.

To begin with, becoming a ministry within Hospital Sisters Health System has provided us with opportunities to expand the services we offer the residents of Bond County and the surrounding area. Having the strength of a larger health system behind us allows us to recruit physicians and specialists to our area. We continue to expand health care offerings, by recruiting specialists focusing on sleep; Ear, Nose, and Throat (ENT); and obstetrics, with plans to recruit more specialties in the near future. One definite win for our area was the expansion of our partnership with Prairie, and bringing more cardiologists to our area for clinics, which has allowed us to establish a Prairie Heart Institute at HSHS Holy Family Hospital.

The multi-million dollar investments HSHS has made in Holy Family Hospital allows us to continue to upgrade and enhance our facility for our patients, colleagues, and physicians. Along with these upgrades, one of our first major enhancements was the addition of a new Chapel to provide a place of peace and solitude for all who visit it. We will continue to look for ways to enhance our campus to provide the best possible care for our community.

Thank you all for your support over the past year as we became fully integrated into HSHS. We look forward to the continued growth of our ministry so that the residents of our area can continue to receive quality compassionate care close to home.

Sincerely,



Brian Nall  
President and CEO  
HSHS Holy Family Hospital



## Board of Directors (as of June 30, 2017)

Jerry Gaffner  
*Chair*

Bart Caldieraro  
*Vice Chair*

Nancy Gillard  
*Secretary*

Sister Marybeth Culnan, OSF

Suzanne Davis

Sister Helen Marie Plummer, OSF

## Providing a place of peace and solitude

HSHS Holy Family Hospital serves to heal illness not just through medicine, but also by attending to the emotional and spiritual needs of our patients, their families and friends, and physicians and staff. This was demonstrated on August 29, as we proudly unveiled our first capital improvement to this hospital campus since joining HSHS – a new Chapel for patients, visitors and staff. We opened our new Chapel with a Blessing and Dedication Mass led by the Most Reverend Thomas John Paprocki, Bishop of the Diocese of Springfield.

Open to people of all faiths, the HSHS Holy Family Chapel is a place to pray, reflect, and seek comfort in the presence of our loving God. Supporting our faith-filled Mission, the new Holy Family Chapel offers a sacred space for reflection, prayer, bereavement, solace, celebration, and thanksgiving for all.

As a Franciscan health care system, HSHS follows the teachings of St. Francis: to heal body, mind and spirit while providing high quality health care to all people. As one of the newest members of this faith-based system, HSHS Holy Family embraces this Mission as we continue to serve the Greenville community.



## Partnering with Prairie Heart to ensure the highest level of cardiovascular care

Part of HSHS Holy Family Hospital's Mission is to expand health care services offered in Greenville so that area residents do not have to travel far for the care they need. In keeping with that Mission, we expanded our partnership over the past year with Prairie Heart Institute of Illinois. This expansion allows people with cardiovascular issues to continue seeing a local cardiologist while having the support of advanced cardiac care through Prairie Heart Institute.

The expansion of cardiology services became possible with the addition of a new cardiologist, Dr. Scott Marrus of Prairie Cardiovascular, who offers specialty services to patients two times a week in Greenville at Holy Family Hospital. Joining Dr. Marrus in providing specialty heart and vascular services to the local area are Prairie cardiologists Dr. Robert Trask, Dr. Shailesh Nandish and Dr. Himanshu Pathak. With the addition of these cardiologists, Prairie Cardiology expanded the number of clinic days they offer in Greenville.

Holy Family Hospital's goal is to transition from treating episodic care to having "one call" direct access to advanced heart care services with Prairie Heart Institute 24/7. If further advanced heart care is needed, our partnership with Prairie allows for a smooth transition to the cardiovascular experts in O'Fallon at the new St. Elizabeth's Hospital, or in Springfield.

With this expansion, HSHS Holy Family became a “Prairie Heart Institute of Illinois at HSHS Holy Family Hospital,” reflecting the stronger partnership between Holy Family and Prairie Heart to provide advanced cardiovascular care to the region.

As a demonstration of their commitment to the Greenville community, the Prairie Heart Foundation donated two new ELI 280 EKG carts to HSHS Holy Family Hospital. These new EKG carts offer both wireless and traditional EKG acquisition and integrate seamlessly with Prairie’s reading software, reducing clinical review time and eliminating the need for repeat EKGs. This new equipment is just one small part of building a dedicated cardiovascular program for the local community.

## Awarded for advancing rural health care through telemedicine

At an annual meeting of the Illinois Telehealth Network (ITN) in Springfield in June 2017, the third annual Telemedicine Pioneer Award was presented to HSHS Holy Family Hospital. The award recognized our ground-breaking work in designing and operationalizing a new tele-psychiatry program to prevent our inpatient Senior Wellness and Geriatric Psychiatry program from closing when the sole psychiatrist provider gave notice of intent to move his private practice to care for more patients in a wider geography. Closing the program, just as it was about to expand to meet the needs of a growing elderly population in the Greenville community, would have meant laying off support staff and would also mean that seniors would have had to drive over 60 miles to obtain services.

The award recognized our team’s hard work in designing our own tele-psychiatry program, identifying telemedicine equipment, ensuring legal requirements are met, and training staff. On April 1, 2017, the full-time tele-psychiatry launched with no lapse in care, and no change in provider. Tele-psychiatry allowed Holy Family to preserve this vital program and allowed our psychiatrist provider to see more patients over a larger geographic rural area.



# ECONOMIC IMPACT

## GENERATING \$72 MILLION IN LOCAL IMPACT

### EMPLOYEES

Holy Family employs over **260** colleagues with **203 Full-time Equivalants (FTE)**

and is one of the largest employers in the area. Hospital payroll expenditures serve as an important economic stimulus, creating and supporting jobs throughout the local and state economies.

### CAPITAL

Holy Family continues to make capital improvements to update and improve our facilities and purchase new medical equipment.

**\$255,000**

Holy Family continually takes steps to boost the local economy and advance health care services offered to the residents of this region. Through capital spending, Holy Family generates over **\$614,000** for our local and state economy per year.



### PAYROLL

**\$13 million annually**

Holy Family colleagues stimulate the local economy through home purchases, groceries, shopping, etc. and generate over **\$33 million** in economic activity, creating an

additional **293** jobs in our community.



### PURCHASED GOODS & SERVICES

**\$16 million**

Holy Family goods and services purchases ripple throughout the economy to area vendors and businesses. Dollars spent by Holy Family generate over **\$38.9 million** for the local and state economy.



### COMMUNITY SUPPORT

Holy Family provides a positive impact and enormous benefits to the communities we serve with increased access to care for the underserved, enhanced health and wellness programs, and advanced medical education and knowledge.

**\$1.8 million**



Included in this amount was **\$280,000** provided for Charity Care at cost and **\$914,800** for unreimbursed care provided under the Medicaid program and other public programs.



**HSHS**  
**Holy Family**  
**Hospital**

# COMMUNITY BENEFIT

## Providing hope and healing to survivors of human trafficking

Eden's Glory began in the fall 2012, when a group of people gathered around a table in a small town in Illinois, passionate about ending slavery. This group studied human trafficking and through research, noted that there were only eight beds available for survivors in Illinois. They decided to add to that number by 50 percent. This group of small people wanted to provide more than shelter. In September 2015, a home in Greenville was opened called Eden's Glory. This home offers restoration and a journey to stability to survivors.

Eden's Glory is a registered non-profit charitable organization that seeks to restore survivors, create new futures, and end modern slavery. Eden's Glory supports the healing journey of four women emerging from human trafficking for up to two years. Eden's Glory is designed to treat each aspect of a survivor's health - physical, mental, emotional, spiritual, and relational. Eden's Glory is transforming our community through education, prevention, and addressing exploitation locally.

This year during Nurses Week, the Nurse Practice Council at Holy Family Hospital wanted to demonstrate their caring for the community by giving back. They collected monetary donations from hospital colleagues to donate to Eden's Glory to help meet the needs of the women they support. Members of the Nurse Practice Council presented their donation to Anne Schomaker, LCSW, a co-founder and program director for Eden's Glory.



# INVESTING IN ADVANCEMENTS AT HSHS ST. JOSEPH'S HOSPITAL IN HIGHLAND

Dear Friends and Colleagues,

This past year has been an exciting time at HSHS St. Joseph's Hospital in Highland. It was a year full of exciting additions in programs and services, as well as one full of national recognition for our hospital. This past year we had many successes, including being awarded the Press Ganey Guardian of Excellence Award for Outstanding Performance in Clinical Quality and being named a Top 20 Critical Access Hospital in the Country. It was also my first full year serving as President and CEO of St. Joseph's Hospital, and I feel extremely blessed to serve this wonderful community and our amazing colleagues.



Our Mission, as well as the Core Values of our hospital - Respect, Care, Competence, and Joy - is the foundation for everything we do at St. Joseph's Hospital. You can see that Mission come to life through the daily actions of our colleagues. One of just many examples is shared within this report and tells the story of a nurse with a very big heart reaching out to help someone in our community who needed it. It's not just the big gestures that stand out though; it's the everyday actions of our colleagues that make St. Joseph's Hospital a special place. We are dedicated to bringing high quality health care to our community, while supporting the needs of our community as a whole.

Together, with our sister hospitals in Breese, Greenville, O'Fallon, and Effingham, we are building a network of services and providers to meet the needs of this community. Together, we are making it possible for you to stay close to home and receive high quality care with advanced technologies. Together, we are making this a healthier community.

Thank you for all you do to support St. Joseph's Hospital and our health care ministry.

Sincerely,

A handwritten signature in black ink that reads "John A. Ludwig". The signature is written in a cursive, flowing style.

John A. Ludwig  
President and CEO  
HSHS St. Joseph's Hospital Highland

## Board of Directors (as of June 30, 2017)

Bill Sullivan  
*Chair*

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*Vice Chair*

Mark Korte  
*Secretary*

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Sister Marguerite Cook, OSF

Sister Marybeth Culnan, OSF

Debra Feldott-Johnson, MD

Jeanne Meyer

Bonnie McGinley

## Offering state-of-the art robotic orthopedic surgery

Investing in technology for its orthopedic patients, HSHS St. Joseph's Highland added the MAKO Robot to its orthopedic surgery program this past year. The MAKO Robot is used for partial knee replacement and total hip replacement surgeries, called a MAKOplasty®. The MAKO Robot allows for faster recovery and longer lasting results for patients.

The MAKO Robot assists the highly trained physicians who use the technology to achieve a new level of reproducible precision during the surgery. Prior to the surgery, patients have a CT scan of their joints to create a personalized 3D model of their unique anatomy. That model is loaded into the MAKO system where an individualized pre-operative plan is set. During surgery, the MAKO helps guide the surgeon within the pre-defined area mapped out from the model with established boundaries. By having this pre-determined area, the MAKO helps provide more accurate placement and alignment of the implant.

Surgeries using the MAKO Robot offer many benefits over traditional knee or hip replacement procedures, including reduced pain, faster recovery, smaller scars, and better motion. It is another step we are taking to provide exceptional care to our patients.



## Awarded for excellence in clinical quality

We are proud of our colleagues' commitment to health care excellence. This dedication to excellence was honored a number of times over the last year by a number of institutions:

- In May 2016, HSHS St. Joseph's Hospital Highland was named one of the Top 20 Critical Access Hospitals (CAHs) for Practices in Quality in the country. There are 1,332 CAHs in the United States. The Top 20 Critical Access Hospitals, including St. Joseph's Hospital, scored best among critical access hospitals on iVantage Health Analytics' Hospital Strength Index™ for Practices in Quality. The Top 20 Critical Access Hospital "winners" are those hospitals who have achieved success in the overall performance based on a composite rating from nine indices of strength: inpatient market share, outpatient market share, population risk, cost, charge, quality, outcomes, patient perspectives, and financial stability.
- In November 2016, HSHS St. Joseph's Highland was named a 2016 Guardian of Excellence Award® winner by Press Ganey. The Press Ganey Guardian of Excellence Award is a nationally-recognized symbol of achievement in health care. Presented annually, the award honors clients who consistently sustained performance in the top 5 percent of all Press Ganey clients for each reporting period during the course of one year. This award represents an important recognition from the industry's leader in measuring, understanding and improving the patient experience.

## Helping improve the quality of life of those with Parkinson's disease

This past year, St. Joseph's Highland began offering an advanced occupational therapy treatment for people with Parkinson's disease. The Lee Silverman Voice Treatment (LVST) Big® program provides patients with daily activities to help them implement lifelong habits to improve their quality of life. Occupational Therapist Kayla Toennies, MOT, OTR/L, received certification in the LVST Big program, a research-based, standardized approach in exercise to improve motor function for people diagnosed with Parkinson's disease and other neurological conditions.

Following treatment, research shows improved ratings on tests of motor functioning in people with Parkinson's disease using the LSVT BIG, as well as improving their ability to walk faster with bigger steps, improved their balance, help increase their trunk rotation, and make improvements in activities of daily living, such as bed mobility. This therapy can greatly assist enhancing the quality of life for those who struggle with Parkinson's disease.



## Engaging colleagues through ICare Rounds

Part of making colleagues feel engaged is making sure they feel their opinion and feedback matters. At HSHS St. Joseph's Highland, this is accomplished through ICare Rounds and IPromise sessions. ICare Rounds were developed to make senior leadership team members aware of any potential safety risks, as well as identifying needs of colleagues. Members of the Senior Leadership Team round on departments each month and ask questions related to patient safety, as well as colleague needs or communication gaps. One question specifically focuses on rumors or stories that colleagues hear and need clarification about. Any item needing follow up is done within five days and posted on the department's communication board for all colleagues in the department to see. Many concerns, such as equipment failure or staffing concerns have been corrected through this process.

# ECONOMIC IMPACT

## GENERATING \$86 MILLION IN LOCAL IMPACT

### EMPLOYEES



St. Joseph's employs over **280** colleagues with **215 Full-time Equivalents (FTE)** and is one of the

largest employers in the area. Hospital payroll expenditures serve as an important economic stimulus, creating and supporting jobs throughout the local and state economies.

### PAYROLL

**\$15 million annually**

St. Joseph's colleagues stimulate the local economy through home purchases, groceries, shopping, etc. and generate over **\$38 million** in economic activity, creating an additional **310 jobs** in our community.



**HSHS**  
**St. Joseph's**  
**Hospital Highland**

### CAPITAL

St. Joseph's continues to make capital improvements to update and improve our facilities and purchase new medical equipment.



**\$1.1 million**

HSHS St. Joseph's continually takes steps to boost the local economy and advance health care services offered to the residents of this region. Through capital spending, St. Joseph's generates over **\$2.9 million** for our local and state economy per year.

### PURCHASED GOODS & SERVICES

**\$19 million**

St. Joseph's goods and services purchases ripple throughout the economy to area vendors and businesses. Dollars spent by St. Joseph's generate over **\$45.9 million** for the local and state economy.



### COMMUNITY SUPPORT

St. Joseph's provides a positive impact and enormous benefits to the communities we serve with increased access to care for the underserved, enhanced health and wellness programs, and advanced medical education and knowledge.

**\$3.5 million**



Included in this amount was **\$762,000** provided for Charity Care at cost and **\$2.3 million** for unreimbursed care provided under the Medicaid program and other public programs.

# COMMUNITY BENEFIT

## Hospital colleagues deliver holiday joy for families

For more than a decade, colleagues at St. Joseph's Hospital have adopted families through Highland Area Christian Service Ministry (HACSM) to provide gifts and food for those in need. December 2016 was no different, but it was a little grander than most. In December 2016, one family received a gift they could never have expected – a car.

During an Emergency Department huddle, it was suggested that the team help a family who recently visited the Emergency Department with one of their daughters. They had no car and needed a little help. The story of the family had such a strong impact on one nurse in the Emergency Department, he decided he wanted to donate his car to the family. So that the family would not be burdened with costs for insurance, licensing, and the title, members of the Emergency Department and Pastoral Care worked to secure funding for those items. St.

Vincent de Paul Society generously offered to pay for the first year of car insurance and contacted a mechanic to inspect the car and make any repairs needed. Another colleague at the hospital donated the money to pay for the license and title.

The week before Christmas, members of the staff, including the nurse and his family, delivered a car load of gifts to the family. The family was shocked at the number of gifts they were receiving, presented to them by Santa (a member of the Facilities department). After giving the family all the gifts, Santa announced there was another gift for them outside in the trunk of the car. When they opened the trunk, it was empty. Santa then told the mother since the trunk was empty, she better just take the whole car. The mother was so touched by the gesture and expressed that the colleagues were her angels and she loved them all.



## Enhancing health beyond hospital walls

In June 2017, St. Joseph's Hospital partnered with an area organization to donating an automated external defibrillator (AED) machine to Highland High School. An AED is a portable device that can send an electric shock to restore normal heart

rhythm during sudden cardiac arrest. We partnered with the Greg Holthaus Memorial Fund, a community organization dedicated to providing training, testing, and equipment vital to preventing and treating sudden cardiac arrest. Together, our partnership allows us to provide more machines and education throughout the community.



Highland High School has a portable AED machine, which is kept with the athletic trainer. The new donated machine is located near the score board between multiple sports fields at the high school. The addition of this second AED machine that is stationary makes it available to anyone using the athletic fields at any time. In addition to high school sports throughout the school year, the fields are used by community groups and recreational sports teams all summer.



# HSHS SOUTHERN ILLINOIS

## ***HSHS St. Elizabeth's Hospital***

One St. Elizabeth's Boulevard  
O'Fallon, IL 62269  
steliz.org

## ***HSHS St. Anthony's Memorial Hospital***

503 North Maple Street  
Effingham, IL 62401  
stanthonyshospital.org

## ***HSHS St. Joseph's Hospital Breese***

9515 Holy Cross Lane  
Breese, IL 62230  
stjoebreese.com

## ***HSHS Holy Family Hospital***

200 Health Care Drive  
Greenville, IL 62246  
hshsholyfamily.org

## ***HSHS St. Joseph's Hospital Highland***

12866 Troxler Avenue  
Highland, IL 62249  
stjosephshighland.org

## **Our Mission**

*To reveal and embody Christ's healing love for all people through our high quality Franciscan health care ministry.*

The hospitals of HSHS Southern Illinois Division (HSHS St. Elizabeth's Hospital, HSHS St. Anthony's Memorial Hospital, HSHS St. Joseph's Hospital Breese, HSHS Holy Family Hospital, HSHS St. Joseph's Hospital Highland) comply with all applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex.

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