

# Almost Home Program

## *An option for rehabilitation close to home*

St. Joseph's Hospital - Highland now offers Almost Home, a program focused on privacy and convenience, while helping you or a loved one rest easier, heal faster, and make the transition to return home as soon as possible.

### **When Almost Home Can Help**

When an injury, illness or other medical condition requires additional care, Almost Home offers a specialized environment within our new hospital that can make the difference and speed recovery. Just as not all patients are the same, neither is their recovery. Some need extra care after a major surgery, joint replacement, stroke, injury, extended illness or condition requiring the use of IV antibiotics or nutritional therapy.

### **What Sets Us Apart**

Research indicates that if a patient is comfortable and relaxed, the healing process takes less time. That's why St. Joseph's Hospital was designed with the patient in mind combining health care services that address the physical, emotional and spiritual needs of every patient. The Almost Home Program at St. Joseph's utilizes a patient-centered philosophy that addresses both internal and external healing.

### **Almost Home patients receive:**

- Experience and personal attention that can lead to quicker recuperation
- All-private patient rooms (bathroom and shower included)
- No restrictions on visiting hours

- Around-the-clock nursing, physicians, and pharmacy availability
- Room-service meal program for patients and visitors
- Family inclusion in patient care plan

Plus, each patient benefits from a highly skilled care team (a registered nurse, physical/occupational/speech therapist, and a member of the SJH Pastoral Care Department). This team of certified health care professionals will address any physical rehabilitation needs, even conducting bedside therapy in a simulated home environment to advance the healing process. And, because SJH believes that true healing begins within, the SJH Pastoral Care Department provides patient (and family) support whenever it's needed. So, whether it's spending time in prayer or attending church, the SJH Almost Home Program treats the whole patient - inside and out - to provide greater healing.



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