



AN AFFILIATE OF HOSPITAL SISTERS HEALTH SYSTEM

YOUR PRE-OP VISIT

Pre-Op Instructions

Procedure: _____

Surgery Date: _____ **Surgery Time:** _____

*If surgery time is not given at time of pre-op meeting, you will be contacted before the surgery date with the arrival time.

Diet

Nothing to eat or drink after midnight (this includes gum, mints, water & ice chips)

Other _____

Medications

Please take your heart, blood pressure, lung, steroid, thyroid, and seizure medications the morning of surgery with a sip of water.

Diabetics: Please hold insulin and oral diabetic medication the morning of surgery. Check with primary care physician regarding insulin dosing if you have questions.

Stop all aspirin/NSAIDS/ herbal supplements (unless otherwise instructed by MD). Over-the-counter NSAIDS include: Excedrin, Motrin, Advil, Aleve, Ibuprofen. If needed, consult a pharmacist for complete list of NSAIDS.

Please consult cardiologist regarding the stopping of Coumadin or Plavix.

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Morning of surgery

- Take a shower or bath with an antibacterial soap.
- Please leave all jewelry, money and valuables at home.
- Wear glasses instead of contact lenses.
- Dentures will be removed before surgery.
- Wear comfortable clothing to allow for any bandages.
- Please arrive at your requested arrival time to registration; if unexpected delays occur, please call 651-2600.
- Please bring insurance card and picture ID.
- Bring a responsible adult with you who can drive you home after surgery.
- Please report any signs or symptoms of infection like a fever or flu like symptoms. Please report any rashes, cuts or scrapes around surgical site to 651-2770.

We look forward to providing excellent care during your visit. Please call 651-2770 if you have any questions before surgery.