



Friends & Family



HSHS
St. Nicholas
Foundation

SUMMER 2020

Hello friends,

Our team has walked a journey alongside our community where crisis, hard decisions, consequences and fear have been themes. The louder themes for our team have been feeling seen, valued, lifted up, and supported. The Sheboygan County community has been a bright light in dark days. And for that, **we thank you more deeply than ever before!** As I have reached out to many of you with thanks, it has been a joy to connect and hear how you and your families have fared the last few months. I pray this finds you healthy and enjoying a beautiful Wisconsin summer.

This newsletter highlights a few bright spots in the last few months and work that continued to happen because of your generosity.

Johannah



Johannah Wenig
Foundation Director

Coming Soon - New Hospital Entrance Centered on Patients and Families

In spring, HSHS St. Nicholas Hospital began a major renovation to create a more welcoming and safer entrance. The project includes a two-story open atrium at the hospital entrance, private patient registration spaces, great changes to our lobby gift shop, and a complete reconfiguration and refresh of the emergency room area. With your dedicated support of HSHS St. Nicholas Hospital, we will continue to move forward in providing patients and their families with the safest care possible. Stay tuned for more updates!



Edited by
Alyssa Clarke.

• Please write to HSHS St. Nicholas Hospital at 3100 Superior Avenue, Sheboygan, WI 53081-1994,
• if you wish to opt out of receiving future fundraising requests supporting our organization.



The power of your gift:

Real Time Coach device aids patients' breathing, reducing stress and anxieties during radiation treatment.

Donors like you make this technology possible.

Thank you for being you!

New Real Time Device Aids Patients' Breathing

Your generosity is saving time and improving accuracy

Funded by your generosity to the Foundation, HSHS St. Nicholas Hospital recently acquired a Real Time Coach device to aid cancer patients who need to hold their breath during radiation treatment. This small device offers breast cancer patients a simple, clear display for breathing motion, which helps reduce radiation exposure to vital organs, saving time and improving accuracy.

Real Time Coach

This new, state-of-the-art breathing device called Real Time Coach works in conjunction with the Linear Accelerator (technology used to target cancerous tissue during radiation treatment). The Real Time Coach provides breast cancer patients a visual aid for breathing. Once the patient takes the needed inspiration, the bar will turn green and the radiation treatment can begin. If a patient can't hold their breath in the range needed for treatment, they will see the bar turn red, the linear accelerator's radiation beam will shut off and pause until the patient holds their breath in the correct position again. This gives the patient visual feedback of how they need to hold their breath during treatment.

The importance of holding your breath.

Taking a deep breath moves the patient's heart away from the breast, and protects vital organs like the heart and lungs, reducing or eliminating the radiation dose to these normal tissues.

Thanks to the support of donors, HSHS St. Nicholas Foundation is proud to fund this tool so our mission can continue to take care of one of our community's greatest needs.

"This powerful tool is exactly what our patients needed. I've worked with patients who struggle to hold their breath or experience allergies mid-treatment, this device monitored their breathing and alerted them when it was safe to continue."

- Viki Wacker, Radiation Therapist

HSHS colleagues overwhelmed with gratitude

You gave them hope

We recently shared with you, a Colleague Emergency Assistance Fund was established by the Hospital Sisters of St. Francis Foundation to support our furloughed colleagues. The fund provides emergency financial assistance for HSHS colleagues who face unusual and severe financial strain during the pandemic.

As one grateful recipient reported, ***“Thank you for reminding us that working at HSHS is more than just a “job” - it’s a family.”***

“My family and I just wanted to say “thank you” from the bottom of our hearts for the gift cards that were received yesterday. It put a smile on all our faces to know that we were able to get groceries and gas for the week and not have the financial burden.”

“While we know this is a difficult time for everyone, and there are families in much more stressful situations than we are, the little extra we were able to get from this wonderful organization was amazing.”



As of June 1, more than 1,100 grocery cards and 800 gas cards have been distributed to Wisconsin colleagues. Thank you for giving!

Foundation Debuts New User-friendly Tool

Create your own fundraiser

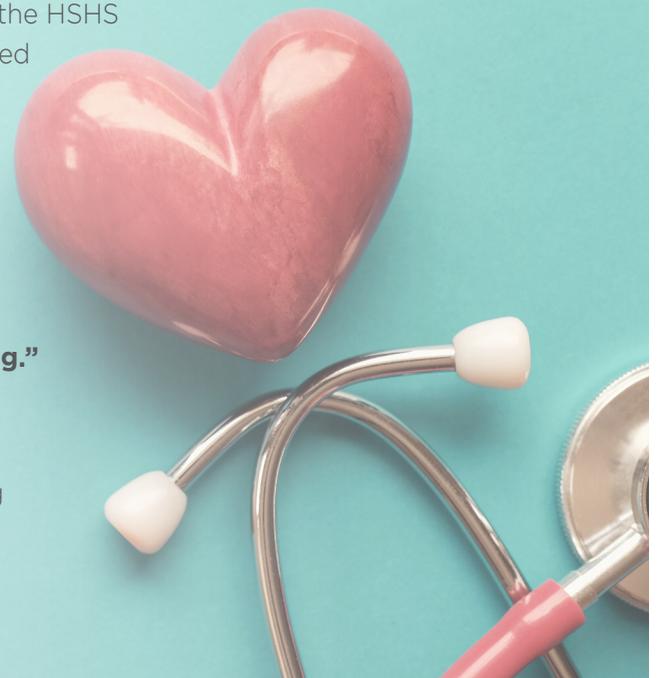
HSHS St. Nicholas Foundation now has the tools you need to create your own personalized fundraising page to raise funds for hospital programs like the HSHS St. Nicholas Hospital Cancer Center or greatest need. The platform, called “JustGiving,” allows you to invite your friends and family to give online.

Whether you want to dedicate your birthday, celebrate a milestone, honor a loved one, create a team challenge, host an event, or create a fundraiser “just because,” you can pay it forward and support a cause close to your heart.

Getting started is easy.

Visit <https://justgiving.com/campaign/sns> and click “Start Fundraising.”

This is an easy and effective way to make a difference in the lives of our patients and their families. Donations are directed straight to HSHS St. Nicholas Foundation. Additionally, there are no minimum fundraising requirements or hidden fees.



12 Months: 12 Gifts of Healing and Hope

Become a monthly donor today

Providing renewed health and hope to patients at HSHS St. Nicholas Hospital is now easier than ever. By becoming a monthly donor, you can continually comfort and heal the patients in our care.

If you have any questions or would like to learn more, please contact us at 920-433-8620 or koren.petersen@hshs.org.

As a monthly donor, you will contribute/receive:

- Make automatic monthly donations paid from your credit card
- Designate your gift to a specific need like cancer care or to the area of greatest need
- Receive an annual acknowledgement letter for tax purposes
- Elect to change or suspend your donation at any time

Beginning is easy!

1. Visit our secure, online donation form at <https://giving.hshs.org/sns/donate>
2. Select a monthly gift amount or add your own
3. Check “Make this a monthly gift”
4. Provide your contact info, payment method, and any optional details
5. Click “Donate Now”

A Prayer in Solidarity with Victims of Violence

As a result of what is taking place in our country, we invite you to take a moment and pray for peace. Together:

We Pray...

Amid despair, we stand in love and in justice for those who could not stand for themselves.

As we pause to remember those who have lost their lives to violence, victims of every manner of abuse, we are remembering those who were promised a land of milk and honey, but who died along the way—never having seen the Promised Land.

As we pause to remember the communities who are left to mourn, may our mourning join with theirs; and may you comfort us, Oh God.

In ways only You know, facilitate in us a spirit of love, mercy, healing and justice so that one day we might live in a land not consumed by violence and hatred; that one day we might live in love and neighborliness and that peace might begin with us.

In your mercy, Oh God, hear our prayer.

Amen.

