

# FRIENDS & Family

Miracles happen because of you

## The Future is Now

### You help shape the future of health care

With health care being on the forefront of minds now more than ever, it is important to continue to invest in the future and the colleagues who care for our community. Each year, HSHS St. Nicholas Hospital caregivers are presented with academic scholarships made possible by donors like you!



This scholarship program is crucial to helping the current generation of health care professionals thrive, as they enhance their knowledge and ability to provide expert care to the patients at the hospital. "Receiving the scholarship was an honor. Knowing that I was going to

school to become a better nurse for the patients made getting the scholarship feel validated by the organization," said Desarae Rohde, Emergency Room Critical Care Nurse and a 2020 scholarship recipient. "It showed that they cared about my education and made me feel like they cared enough to try and help with the burden of the financial part of going to school."

Each year the balancing act of school and work is a struggle for those looking to continue their education while providing expert care for their patients. For some, a scholarship can be a big sense of relief. "The past year in health care has been difficult," added Desarae. "Being a student during the pandemic was equally as difficult but having the help of the organization made the transition between work and school smooth."

It is because of the scholarship program that we can continue to INVEST in our own right here at HSHS St. Nicholas Hospital to ensure we continue to provide the best care possible for the community. Because of YOUR support, Desarae was able to focus on providing expert care right here in our community, and in June, was named the HSHS Eastern Wisconsin Nurse of the Year!

"I was so surprised that I got the award. I do my job because that's what I love to do, and that's what I signed up to do. To be recognized as nurse of the year is an honor," said Desarae, when asked about the prestigious award. "I feel like all of the nurses I work with are nurse of the year! I wouldn't be a good nurse if I didn't have them to lean on, ask for help, or learn from. Being an ER nurse is a team effort and I have an awesome team to work with."



## Ending the Addiction

### Your support helps set the standard for opioid addiction care

The opioid epidemic continues to be a battle here in Wisconsin. Now more than ever people are seeking treatment, but for most patients, current treatment options are not enough. Deaths from opioid overdoses have doubled in the region since 2015. Sheboygan County is now considered a high-risk county and averages 9.6 deaths per 100,000 residents each year.

Thanks to the hard work of our leaders and grants team, we received a government grant to introduce HSHS St. Nicholas Hospital as one of the first hospitals to have launched an opioid treatment service program.

“Our Emergency Team is committed to providing respectful, competent and joyful care to our patients, which is why we have introduced Medication Assisted Treatment (MAT) for patients suffering from Opioid Use Disorder (OUD),” said Cassandra Limberg, HSHS St. Nicholas Emergency Department (ED) Manager. “We are proud to be providing this type of care and allowing patients to start their road to recovery.”

Previously when a patient came to the HSHS St. Nicholas Hospital ED for opioid withdrawal or overdose, they were provided life-saving measures, connected to an onsite recovery coach and then discharged back into



the community. Through this grant, the ED now provides long-term recovery options for patients with OUD. Individuals who are overdosing, withdrawing or just ready to start recovery now have access to assessment, MAT and 24/7 care through the HSHS St. Nicholas Hospital ED.

Patients participating in MAT are started on buprenorphine. This is a life-saving medication that offers a more long-term treatment option as opposed to Narcan, which is a fast-acting rescue medication. Patients seeking treatment will also be connected with a recovery coach from the Wisconsin Recovery Community Organization. These provide peer support, serve as positive role models and offer hope and guidance to individuals on the path to recovery.

This new, life-changing program is crucial to ending the opioid addiction not only in Wisconsin, but right here in Sheboygan County. With your support, we can continue to offer this new treatment opportunity to anyone fighting an opioid addiction.

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## 12 Months: 12 Gifts of Healing and Hope

### Become a monthly donor today

Providing renewed health and hope to patients at HSHS St. Nicholas Hospital is now easier than ever. By becoming a monthly donor, you can continually comfort and heal the patients in our care. As a monthly donor, you will contribute/receive:

- Make automatic monthly donations paid from your credit card.
- Designate your gift to a specific need like cancer care or to the area of greatest need.
- Receive an annual acknowledgment letter for tax purposes.
- Elect to change or suspend your donation at any time.

### BEGINNING IS EASY!

1. Visit our secure, online donation form at <https://giving.hshs.org/sns/donate>.
2. Select a monthly gift amount or add your own.
3. Check “Make this a monthly gift”.
4. Provide your contact info, payment method, and any optional details.
5. Click “Donate Now”.

If you have any questions or would like to learn more, please contact us at 920-433-8620 or [WI-Foundations@hshs.org](mailto:WI-Foundations@hshs.org).

## Your Gift Impacts Everyone within Our Walls

### 100% of YOUR support makes a difference

Did you know that 100% of your donation helps families who walk through the doors of HSHS St. Nicholas Hospital? Your contribution allows our medical professionals to continue to stay current with the best medical practices, which ensure their patients are getting expert care during their stay.