

November 2025

Learning to say thank you isn't just a lesson in manners for small children. It's a life-long practice we can all benefit from. In Catholic healthcare, we know relationships are fundamental to providing high-quality, whole-person care, and one essential ingredient of healthy relationships is gratitude. We give, we receive, and we acknowledge the beauty of that connection by being thankful. At HSHS, we give so much: our talent, compassion, time and care. But we receive so much more: joy, fulfillment, meaning and growth. This November, consider all the ways you can thank the patients, colleagues, and community members who make our ministry possible.

REFLECTION



"Above all, let us not forget to thank: if we are bearers of gratitude, the world itself will become better, even if only a little bit, but that is enough to transmit a bit of hope. The world needs hope. And with gratitude, with this attitude of thanksgiving, we transmit a bit of hope. Everything is united and everything is connected, and each one can do their part wherever they are. The path to happiness is the one that Saint Paul described at the end of one of his letters: "Pray constantly, give thanks in all circumstances; for this is the will of God in Christ Jesus for you. Do not quench the Spirit" (1Thess 5:17-19)."

- Pope Francis, General Audience, Dec. 30, 2020

TEAM DISCUSSION



- What gifts have you received from others at HSHS? What gifts do you have to offer?
- How can you help create an environment that promotes gratitude?
- What connections do you see between our mission and hope?

DATES TO REMEMBER

Nov 1	All Saints Day	Nov 13	St. Elizabeth & St. Francis Foundation Day
Nov 2	All Souls Day	Nov 15	St. Anthony's Foundation Day
Nov 4	St Clare Foundation Day	Nov 17	St. Mary's Decatur Foundation & Feast of St Elizabeth
Nov 11	Veteran's Day & St John's Foundation Day	Nov 27	Thanksgiving
		Nov 30	First Sunday of Advent

The Mission Module is a Huddle Board Resource. Once each month, find 5-7 minutes at your huddle board to read the reflection as a team and talk out loud with one another about the "Team Discussion" prompts.

We welcome positive or constructive feedback on modules. Connect with Bonny at Bonny.Bobka@hshs.org.



we are
HSHS
Hospital Sisters Health System

THE MISSION CONTINUES

**IN our
HANDS**



**MISSION
MODULE**

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