



DIABETES EDUCATION

Springfield Class Schedule - February - May 2024

FREE Comprehensive Diabetes Education Morning Sessions

Fridays 9 a.m. - 12:30 p.m.

- Feb. 2 - Mar. 1
- Apr. 5 - May 3

Afternoon Sessions

Mondays 12:30 - 4 p.m.

- Feb. 12 - Mar. 18
- Apr. 15 - May 13

FREE Real-World Follow-Up Class

Must attend Comprehensive class prior to registering for Real-World.

Tuesdays 9 - 10:30 a.m.

- Feb. 6 - Apr. 9

Tuesdays 3 - 4:30 p.m.

- Mar. 12 - May 14

Diabetes Support Group

Wednesdays 6 - 7 p.m.

- Feb. 7 - Mar. 6
- Apr. 3 - May 1

Interested in attending?

To register, please call 217-787-8870,
or register online at HSHSMedicalGroup.org/diabetes.

Our educators are also available for individualized counseling for diet, medication administration and initiation and troubleshooting of devices (glucose monitors, insulin pumps, CGMs, sensors).
Call for details.



HSHS Medical Group
Diabetes and Endocrinology

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