

Mental Health & Opioid Resource Guide

Decatur Area



HSHS Medical Group

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Disclaimer

This resource guide contains information about area organizations and agencies that offer assistance to those in need, in the fields of mental health and substance abuse. While HSHS Medical Group has made every effort to make this resource guide as helpful and all-inclusive as possible, HSHS Medical Group makes no guarantee that the resource guide includes every organization or agency in the area that may offer assistance. The information contained within this guide is subject to change. Inclusion of any agency or organization in the resource guide does not constitute an endorsement or recommendation of that organization or agency by HSHS Medical Group. HSHS Medical Group does not have a relationship (whether by contract or otherwise) with many of the organizations and agencies listed in this guide and disclaims all responsibility for any of the acts or omissions of such organizations with which HSHS Medical Group is not affiliated.

Behavioral Health & Substance Abuse Treatment Facilities

A&E Behavioral Health Care Associates

2570 East Federal Dr.
Decatur, IL 62526
Phone: 217-872-1003

Heritage Behavioral Health Center

151 North Main St.
Decatur, IL 62523
Phone: 217-362-6262

Macon County Mental Health Board

132 South Water St., #604
Decatur, IL 62523
Phone: 217-423-6199

Pleasant Counseling

335 East Wood St. B
Decatur, IL 62523
Phone: 217-422-6908

Behavioral Health Mixed Specialty

A&E Behavioral Health Care Associates

2570 East Federal Dr.
Decatur, IL 62526
Phone: 217-872-1003

Crossing Healthcare

320 Central Ave.
Decatur, IL 62523
Phone: 217-877-9117

Heritage Behavioral Health Center

151 North Main St.
Decatur, IL 62523
Phone: 217-362-6262

HSHS St. Mary's Hospital

1800 East Lake Shore Dr.
Decatur, IL 62521
Phone: 217-464-2966

Macon County Mental Health Board

132 South Water St., #604
Decatur, IL 62523
Phone: 217-423-6199

Buprenorphine Physicians

Damera, Bhaskar, MD

151 North Main St.
Decatur, IL 62523
Phone: 217-362-6262

Fifer, Theodore, MD

2570 East Federal Dr.
Decatur, IL 62526
Phone: 217-872-1003

Johnston, Chad, MD

2570 East Federal Dr.
Decatur, IL 62526
Phone: 217-872-1003

Rademacher, Dennis, MD

250 West Kenwood Dr.
Decatur, IL 62526
Phone: 217-428-3424

Child & Adolescent Psychiatry

Bashir, Anjum, MD

1900 East Lake Shore Dr.
Decatur, IL 62521
Phone: 217-422-0027

Kavuri, Choudary, MD

151 North Main St.
Decatur, IL 62523
Phone: 217-362-6262

Patil, Rohidas, MD

1770 East Lake Shore Dr., #209
Decatur, IL 62521
Phone: 217-423-6500

Licensed Clinical Psychology

Byrd, Adrian, LCSW

230 West Main St.
Decatur, IL 62523
Phone: 217-454-8708

Lee, Karen, PsyD

102 West Kenwood Ave.
Decatur, IL 62526
Phone: 217-876-2830

Peek, Keena, PsyD

102 West Kenwood, Suite 120
Decatur, IL 62526
Phone: 217-702-4456

Welch, Melanie, MA, LCPC

230 West Main St.
Decatur, IL 62523
Phone: 217-358-4548

Licensed Clinical Social Workers & Professional Counselor Groups

A&E Behavioral Health Care Associates

2570 East Federal Dr.
Decatur, IL 62526
Phone: 217-872-1003

ABC Counseling & Family Service

1110 West Arbor Dr., #A
Decatur, IL 62526
Phone: 217-877-9217

Catholic Charities

247 West Prairie Ave.
Decatur, IL 62526
Phone: 217-428-3458, Ext. 228

Decatur Christian Counseling

790 East Mound Rd.
Decatur, IL 62521
Phone: 217-577-2990

Decatur Psychological Associates

3040 North University Ave., #2
Decatur, IL 62526
Phone: 217-872-1700

Kaloupek Counseling, LLC

3350 North MacArthur Rd.
Decatur, IL 62522
Phone: 779-704-4097

Luthern Child & Family Services

1620 South Taylorville Rd.
Decatur, IL 62521
Phone: 217-428-8380

Psychology Specialists

102 West Kenwood Ave., #120
Decatur, IL 62526
Phone: 217-520-1047

Opioid Treatment Programs

Crossing Healthcare

320 Central Ave.
Decatur, IL 62523
Phone: 217-877-9117

Heritage Behavioral Health Center

151 North Main St.
Decatur, IL 62523
Phone: 217-362-6262

Pain Centers

DMH Millennium Pain Center

102 West Kenwood Ave., #170
Decatur, IL 62526
Phone: 217-876-6640

Guardian Headache and Pain Management Institute

1110 West Arbor Dr.
Decatur, IL 62526
Phone: 217-330-9324

Pain Centers (continued)

The Pain Medicine Center of Central Illinois at HSHS St. Mary's Hospital

1800 East Lake Shore Dr.
Decatur, IL 62521
Phone: 217-464-2966

Psychiatry

Bashir, Anjum, MD

1900 East Lake Shore Dr.
Decatur, IL 62521
Phone: 217-422-0027

Kavuri, Choudary, MD

1770 East Lake Shore Dr., #208
Decatur, IL 62521
Phone: 217-428-1900

Patil, Rohidas, MD

151 North Main St.
Decatur, IL 62523
Phone: 217-362-6262

Support Groups

A&E Behavioral HealthCare Associates

2570 East Federal Dr.
Decatur, IL 62526
Phone: 217-872-1003

Crossing Healthcare

320 Central Ave.
Decatur, IL 62523
Phone: 217-877-9117

Heritage Behavioral Health Center

151 North Main St.
Decatur, IL 62523
Phone: 217-362-6262

Hotlines

Disaster Distress Helpline

Phone: 1-800-985-5990
Website: [samhsa.gov/find-help/disaster-distress-helpline](https://www.samhsa.gov/find-help/disaster-distress-helpline)

Stress, anxiety, and other depression-like symptoms are common reactions after any natural or human-caused disaster. Call this toll-free number to be connected to the nearest crisis center for information, support, and counseling.

Drug-Free Workplace

Phone: 1-800-WORKPLACE (967-5752)
Website: [samhsa.gov/workplace/resources/drug-free-helpline](https://www.samhsa.gov/workplace/resources/drug-free-helpline)

Assists employers and union representatives with policy development, drug testing, employee assistance, employee education, supervisor training and program implementation.

SAMHSA's National Helpline

Phone: 1-800-662-HELP (4357)
TTY: 1-800-487-4889
Website: [samhsa.gov/find-help/national-helpline](https://www.samhsa.gov/find-help/national-helpline)

Also known as the Treatment Referral Routing Service, this Helpline is available for free, 24/7, in English and Spanish. It provides confidential treatment, referrals and information about mental and/or substance use disorders, prevention and recovery.

Hotlines (continued)

Suicide Prevention Lifeline

Phone: 1-800-273-TALK (8255)

TTY: 1-800-799-4889

Website: suicidepreventionlifeline.org

24-hour, toll-free, confidential suicide prevention hotline available to anyone in a suicidal crisis or emotional distress. Your call is routed to the nearest crisis center in the national network of more than 150 crisis centers.

Veteran's Crisis Line

Phone: 1-800-273-TALK (8255)

TTY: 1-800-799-4889

Website: veteranscrisisline.net

Connects veterans in crisis (and their families and friends) with qualified, caring Department of Veterans Affairs responders through a confidential, toll-free hotline, online chat, or text.

Self-Help Groups - Addiction

Al-Anon Family Groups

Phone: 757-563-1600

Website: al-anon.org

Helps family and friends recover from the effects of someone else's drinking through a 12-step program, including regular attendance at group meetings

Alcoholics Anonymous (AA)

Phone: 217-525-5795

TTY: 1-866-525-5795

Website: aaci11.org

Recovery from alcohol addiction through a 12-step program, including regular attendance at group meetings.

Cocaine Anonymous (CA)

Phone: 312-834-3784

Website: illinoisareaca.org

Recovery from crystal meth addiction through a 12-step program, including regular attendance at group meetings.

Crystal Meth Anonymous

Phone: 855-638-4373

Website: crystalmeth.org

Comprehensive information about disability programs, services, laws and benefits.

Dual Recovery Anonymous

Phone: 877-883-2332

Website: draonline.qwknetllc.com

Recovery from joint chemical dependence & emotional/psychiatric illness through a 12-step program, including regular attendance at group meetings.

Marijuana Anonymous

Phone: (800) 766-6779

Website: marijuana-anonymous.org

Recovery from marijuana addiction through a 12-step program, including regular attendance at group meetings.

Nar-Anon

Phone: 800-477-6291

Website: nar-anon.org

Helps family and friends of addicts recover from the effects of living with an addicted relative or friend.

Self-Help Groups - Addiction (continued)

Narcotics Anonymous (NA)

Phone: 818-773-9999

Website: na.org

Recovery from drug addiction through a 12-step program, including regular attendance at group meetings - pamphlets available on website.

SMART Recovery

Phone: 866-951-5357

Website: smartrecovery.org

4-Point Program that helps people recover from all types of addictive behaviors by teaching them how to change self-defeating thinking, emotions and actions.