



we are  
**HSHS**  
Hospital Sisters Health System

THE MISSION CONTINUES

**IN our  
HANDS**



**MISSION  
MODULE**

## August 2025

St. Clare, whose name means clear and bright, has her feast day in August during the bright, clear days of summer. St. Clare was the first woman to adopt the Franciscan life of radical poverty and service, and she founded a community of like-minded religious women known as the “Poor Clares.” Rather than experiencing the lifestyle as a sacrifice, St. Clare experienced it as a privilege. For Clare, letting go of all that was unnecessary led to more joy—she was consistently positive, encouraging, and hopeful. At Hospital Sisters Health System, we too have the privilege of serving and the opportunity to reflect the clear, bright joy of St. Clare to our patients and colleagues every day.

### REFLECTION



Blessing of St. Clare

What you hold, may you always hold.  
What you do, may you do and never stop.  
But with swift pace, light step, unswerving feet  
so that your steps stir up no dust  
may you go forward securely, joyfully and swiftly  
on the path of prudent happiness.

### TEAM DISCUSSION



- How is healing a spiritual practice?
- Where is St. Clare’s joy visible in your work? In your team’s work?
- What have you been called to do? What are your stumbling blocks for continuing?

### DATES TO REMEMBER



**August 11**    Feast of St. Clare  
**August 20**    Hospital Sisters Mission Outreach Foundation Day

*The Mission Module is a Huddle Board Resource. Once each month, find 5-7 minutes at your huddle board to read the reflection as a team and talk out loud with one another about the “Team Discussion” prompts.*

*We welcome positive or constructive feedback on modules. Connect with Mary at [Mary.Salm@hshs.org](mailto:Mary.Salm@hshs.org).*



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