

# Almost Home

## Admission Criteria

### A patient must REQUIRE:

- 24-hour physician availability with evidence that medical intervention will be required during their stay.
- Assistance with:
  - Energy conservation
  - Use of adaptive devices
  - ADLs (Activities of Daily Living)
  - Mobility
  - Safety awareness

### A patient must BE:

- Physically impaired and/or have a medical complication which affects their previous level of function
- Medically stable for the last 24 hours
- Alert enough to follow commands and willing to participate in the rehab program
- Able to tolerate intense level of therapy and treatment in the rehab program
- Able to demonstrate improvement in a reasonable amount of time

### Services offered:

- **Physical therapy** – increase mobility, strength, safety and balance
- **Speech therapy** – assist with speech, problem solving, reading, memory and swallowing
- **Occupational therapy** – learn skills for daily living activities, dressing, bathing and toileting
- **Social services** – learn about community resources needed for equipment, continued care, home health care and outpatient physical therapy.

### What we need from you:

- History and physical
- Therapy evaluations
- Current medication list
- Insurance information
- Operative report
- Patient demographic sheet
- Medical notes
- Recent lab work
- Discharge summary
- Therapy progress notes (within 24-48 hours)

HSHS Holy Family Hospital offers the Almost Home Program for patients who need skilled rehabilitation and extended care with around-the-clock nursing care and a Hospitalist 24/7.



**HSHS**  
**Holy Family**  
**Hospital**

**Refer via Allscripts,**  
**Call: Monday-Friday Case Mgmt 618-690-3452**  
**Nights/Weekends/Holidays 618-664-0259**  
**Fax: 618-664-0314**

## Major plans accepted:

Aetna

### HMO Health Plans

Anthem Blue Cross Blue Shield

Blue Cross/Blue Shield of Illinois

Blue Cross/Blue Shield Blue Choice Preferred

\* BCBS HMOI Site 314 is not included

Cigna Healthcare (All Plans)

Coventry Health Care of Missouri:

CMR, Coventry National Network, & First Health

Network

Health Alliance

HealthLink

HMOI SIHCA

Humana Network

Tricare/Champus

Triwest VA PCCC

United Healthcare of the Midwest (UHC)

Aetna

### PPO/Other Health Plans

Anthem Blue Cross Blue Shield

Blue Cross/Blue Shield of Illinois

Blue Cross/Blue Shield Blue Choice Preferred

Cigna Healthcare (All Plans)

Coventry Health Care of Missouri:

- Carelink HPN, Coventry National Network, & First Health Network

Health Alliance

HealthLink

HFN, Inc.

Humana Network

Multiplan, Inc.:

- PHCS, & Beechstreet

Triwest VA PCCC

United Healthcare of the Midwest (UHC)

USA MCO

### Medicare

#### Medicare Replacement Plans

Coventry Health Care of Missouri

Essence Healthcare

Humana Medicare Advantage Plan

United Healthcare of the Midwest (UHC)

While your plan may be listed, this doesn't guarantee coverage. Please call your benefits manager for questions about coverage. To access hospital services under your insurance plan, please call the Almost Home direct line 24/7: **618-690-3452**.